



OUR FIRST SHOPPING TRIP

Submitted by: Miss Brenda Campbell



On Saturday, September 24th we went on our first shopping trip to the Lancaster PA outlets, and suffice it to say – WE HAD FUN!!! The first outlet we went to was the Tanger Outlet where each of us received a coupon book to save a little money. The first store that I went to was the Aerosoles Outlet. Needless to say, I *had* to get some shoes. Then I went to the GAP Outlet. There were a number of New Pathways young people in this store buying jackets, shirts, pants and skirts. Some of the girls did some creative bargaining and combined their purchase in order to use their coupons and save some money. I watched as all of the young people walked around from store to store looking for bargains. Clients commented on the ease of outlet shopping and some 2nd Generation clients bought outfits for their children.

After leaving the Tanger Outlet we went to lunch at Miller's Buffet Smorgasbord. The food was great and in such abundance that we got full fast. The young people were shocked at how much food Mr. Jeff could eat. Mr. Jeff enjoyed all of the traditional Pennsylvania Dutch dishes and many portions of Shoe Fly Pie and Peanut Butter Chocolate cake. The portions were large and Mr. Barry ate so many shrimp he had to stop himself before he became sick. Miss Karen was so stuffed she just sat at the table staring into space. I enjoyed chicken, macaroni, and cheese followed by diet soda and sugar free cheesecake.

After eating, we went down the road to the Rockvale Outlets. After that big meal, I was ready to shop. This was a much bigger shopping area with all kinds of stores. Mr. Barry was eager to get kitchen supplies. So he and Miss Karen went to Le Gourmet and purchased all kinds of kitchen gadgetry. Miss Tonya also was lucky enough to find a deal on some pots and pans at the QVC outlet. The young people found a record store that sold old CD's. One of the girls purchased an Aaliyah CD and Mr. Jeff found his Crosby, Stills, Nash and Young record from way back. The young people could not relate. I think that's a little way back for me too. Many of the young ladies shopped at this cute girly store called Rue 21. They found some cute skirts and tops. The young men enjoyed the Calvin Klein, Ralph Lauren, and Nike Outlet.

Overall, I must say that we had a great time. At the end of the trip, we all made it back to the bus with our final purchases. Mr. Barry complained of his feet hurting and I must admit my feet were also aching from all of the walking. New Pathways we must do this again.

"BIG UPS TO"



For the month of October I wanted to send out a few **Big Ups** to the people that work at New Pathways. I couldn't really pick out one person in particular because everyone around helps me in a special way even if they simply walk past the front desk with a friendly smile. I have a wonderful time each day that I work at the main office. It is always a pleasure to be around such a happy environment while working at the same time.


I never thought a job would be so fun. I actually enjoy waking up to go to work. Sometimes I wish I could work everyday. Although sometimes it's busy, I still have a good day no matter what. It brightens my day and keeps me going.

Finally, I'm glad that I have the opportunity to work with everyone in one way or another! Thank you all for being here and working hard for all the clients.

Sara

What is "BIG UPS TO" you ask? It is your opportunity to acknowledge something good about a staff member or client at New Pathways. Did someone do something nice for you? Did you enjoy an event or class at New Pathways? Do you have something nice to say about someone at New Pathways? This is your chance to share your thoughts and feelings. Please write down your Kudos and forward them to the NP News c/o Main Office (this can be done via your case manager or other staff member). Thank you.

HAPPY BIRTHDAY & WELCOME

We would like to wish! Corey F, Shaney S.
D'Anna M, Anthony  B, James J, David G,
Shaney, D'anna, Ms. Gloria, Ms Tonya and Mr.
J.R. a very happy birthday.

New Pathways would also like to extend a warm welcome to the program Antonia R, Denise W, Sharron and her daughter Shayonna. Second Generations would also like to welcome newborns Neveah and Shayla.

CHANGES

Ms. Gloria Taylor

There will come a time in a person's life when a decision will have to be made to make changes in lifestyle, education, employment and/or a personal relationship. The change can be subtle or drastic. Most people decide to make life altering changes when their career is in a down swing, and education or personal relationships are no longer adequate to fulfill their personal goals in life. When a person decides to make a change of any kind a lot of thought and contemplating usually comes into play before the final change is made. The examples given in the above statement can be considered drastic changes.



A few examples of subtle changes are: planting a flower garden in your front yard, re-arranging your bedroom furniture, changing from regular soda to sugar free soda the list can be endless when it comes to making changes. Whatever change you decide to make in your life please be sure the change will be in your best interest and you will not regret the changes you have made.

MOVIE REVIEW

THE CONSTANT GARDNER

Jeff Lambert



Last month we visited the Senator Theater to see The Constant Gardener. It's based on a novel by John LeCarre' about a British diplomat in Nairobi whose wife is murdered. The mystery around his wife's death and the stonewalling he gets from investigators looking into her murder lead him to investigate it himself. The backdrop of the story is the AIDS epidemic in Africa, and it does offer a tutorial on the tragedy of the epidemic. You see the suffering of the Kenyan people who are struggling as AIDS ravishes their people. And the government/corporate relationships so prevalent in today's American government show how big business can take advantage of these horrible situations to their financial benefit. The movie also shows the stark contrast between rich and poor. The film often switches between scenes of the wealthy British aristocracy and the slums of extreme poverty-ridden Nairobi. The metaphor of the movie is that of the man who tends to his own world and sees nothing of the suffering outside of his world. I give this movie four out of five stars.

PARENTING CORNER

Costume Safety for Children

Ms. Laura Fertig

Here are some helpful hints to keep in mind when you are celebrating Halloween with your child.

- Check the costume label to see if it is Flame Resistant.
- Avoid costumes with long flowing skirts or big, baggy sleeves.
- Choose costumes that are light colored to increase visibility to motorists.
- Avoid tripping, costumes are by making sure not too long.
- Children should wear well-fitting shoes. Avoid high heels.
- A natural mask is better than a loose-fitting mask that could obscure vision or restrict breathing.
- Costume accessories such as swords or knives, should be made of a soft and flexible material.
- Decorate costumes and treat bags with reflective tape.



I hope everyone has a fun and safe Halloween!



LETTERS TO MR. BOB

Dear Mr. Bob:

I'm getting nervous that I will not be able to keep up with my academic studies. I always start out strong but now that I have a job I come home and go to bed.

Help.

Dear Help:

Your problem is a common one. Creating a daily schedule for work, school and play will help you stay on course. Use support systems such as talking regularly with a mentor, advisor or guidance counselor should also help.

Start first with the organizational piece and continue to refine it as time goes by. Set daily, weekly and monthly goals.

Let me know how things go! Good luck.

Mr. Bob

Do you have a problem or question and don't know where to turn for an answer? Send your problem or question to the NP News Desk at the main office. We will respond in the next issue of the NP News. All submissions will be discrete and no names will be published.

FINANCIAL TIP OF THE MONTH



Dear Penny Bank:

Why do many part-time jobs pay more than full-time jobs?

Job Hunting

Dear Job Hunting:

Many employers find it cheaper to pay a higher hourly rate for part-time people than full-time people because people who work full-time receive more financial benefits in the long run.

For example check out these numbers— many companies offer more benefits and the numbers will vary from company to company:

- ❑ A part-time person working 20 hours a week at \$10.00 per hour for 4 weeks would receive gross pay of \$800.00 and no other benefits.
- ❑ A full-time person working 40 hours a week for \$8.00 per hour for 4 weeks, and receives a discount of \$275.00 per month on Health and Dental Insurance, and employer paid Life Insurance and AD&D in the amount of \$32.00, and accrued leave benefits of 8 hours to be taken at will, and a 3% match on retirement contributions of \$38.00, would receive approximately \$1,705.00 in pay and benefits. (This number also does not include the insurance benefits you would receive if you went to the doctor or hospital and received benefits under your insurance plan.).

When you compare the numbers, the part-time person has to pay out of pocket for the same services a full-time person receives and the costs can be considerably higher. Hope this helps.

Penny Bank

Do you have a question or problem about bill paying, saving money, budgeting or other money related question? If so, please send your questions to Penny Bank NP News c/o Main Office (this can be done via your case manager or other staff member) and we will be happy to answer your question in the next issue.

NP RECIPE OF THE MONTH Creepy Crawler Cup Cakes

1 Box Chocolate Cake Mix & Ingredients needed to bake the cake*

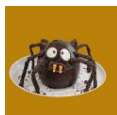
1 can Chocolate Frosting*

Licorice twists for legs

Candy for Decoration

(*You can choose a different cake and canned icing)

Bake cupcakes according to package directions and cool. To decorate, remove cupcake from the paper cup and invert onto a plate. Cover with your chosen frosting and decorate by attaching licorice twist legs and candy for face.



This is a simple way to create a fun desert for dinner or snack and get your creative juices flowing.

LET'S EXPLORE SPORTS Kayaking: My Second Favorite Sport Jeff Lambert

Those of you who know me well know that my favorite activity is biking. My second favorite sport is kayaking. Kayak is an American Indian word for hunter's boat. It's primary purpose was to hunt and fish on inland lakes, rivers, and seas. Archeologists believe that kayaks first came into use about 4000 years ago. Generally, kayaks fall into three categories: flat-water kayaks, whitewater kayaks, and sea kayaks. The paddles used are typically single shaft, double-bladed paddles. I do flat-water kayaking. I take my kayak to lakes, large bodies of calm water, and I even kayak some rivers that are slow moving. Flat-water kayaking is an excellent upper body exercise because you are not in moving water, and you have to continue paddling to maintain momentum. My favorite time to kayak is early morning or evening. These are the best times to see wildlife along the lake shore or river. Foxes, beavers and river otters often feed at those times, and you'll see hawks, herons, kestrels and sometimes eagles diving for fish. I've offered to do some kayaking trips for those who are interested.

WORDS OF WISDOM



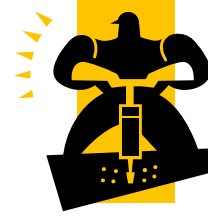
From: The Wise One OBITUARY of Common Sense

Today we mourn the passing of a beloved old friend by the name of Common Sense, who has been with us for many years. No one knows for sure how old he was since his birth records were long ago lost in bureaucratic red tape. He will be remembered as having cultivated such value lessons as knowing when to come in out of the rain, why the early bird gets the worm and that life isn't always fair.

Common Sense lived by simple, sound financial policies (don't spend more than you earn) and reliable parenting strategies (adults, not kids, are in charge). His health began to rapidly deteriorate when well intentioned but overbearing regulations were set in place. Reports of a six-year-old boy charged with sexual harassment for kissing a classmate; teens suspended from school for using mouthwash after lunch; and a teacher fired for reprimanding an unruly student, only worsened his condition. It declined even further when schools were required to get parental consent to administer aspirin to a student. Common Sense finally gave up the ghost after a woman failed to realize that a steaming cup of coffee was hot, she spilled a bit in her lap, and was awarded a huge settlement.

Common Sense was preceded in death by his parents, Truth and Trust, his wife, Discretion; his daughter, Responsibility; and his son, Reason. Two stepbrothers; My Rights and Ima Whiner survive him.

Not many attended his funeral because so few realized he was gone. If you still know him pass this on, if not join the majority and do nothing.



New Pathways, Inc. Community Job Fair 2005

Forum Caterers
4210 Primrose Avenue
Baltimore, Maryland, 21215

(Off of Reisterstown Road, across the street from PEP and Empowerment Temple Church. There is a sign on Reisterstown and Primrose that says Empowerment Temple Church. Turn at that sign. Can't be missed.)

Wednesday, October 26, 2005
10:00am – 4:00pm



New Pathways, Inc
540 East Belvedere Avenue
Belvedere Square, Suite 201
Baltimore, Md. 21212
(410) 464-2600
Fax (410) 464-2687

CALENDAR OF EVENTS October 2005

10/2/2005 LST Employment — 5 pm Walker Manor - Mr. Al

10/4/2005 LST Legal Issues – 6 pm Main Office – Mr. Jamal

10/5/2005 LST Vocational Readiness – 6 pm Reisterstown – Mr. Jamal

10/5/2005 LST Cooking Class – 6 pm Walker Manor – Mr. JR

10/6/2005 LST Vocational Readiness – 5 pm Reisterstown – Mr. Jamal

10/8/2005 LST Housekeeping – 5 PM Walker Manor - Ms. Angela

10/9/2005 LST Cultural Perception –5 pm Reisterstown - Mr. Al

10/11/2005 LST Vocational Readiness – 6 pm Main Office – Mr. Jamal

10/11/2005 LST Personal Hygiene – 6 pm Walker Manor – Ms. Daphney



10/12/2005 Traditional Columbus Day – Christopher Columbus came to the New World on this day. He arrived with three ships and began to establish the New World known to us today as the United States of America. In 1920 Columbus Day was made an annual holiday. President Franklin Roosevelt set aside October 12th as Columbus Day in 1937. Later President Richard Nixon declared Columbus Day a national holiday to be celebrated on the second Monday in October. How will you celebrate this day?

10/12/2005 LST Vocational Readiness – 6 pm Main Office – Mr. Jamal

10/12/2005 LST Cooking Class – 6 pm Reisterstown – Ms. Yolanda

10/13/2005 LST Self-Advocate – 5 pm Main Office – Mr. Sippio

10/13/2005 Yom Kippur – Jewish Day of Atonement

10/13/2005 Movie Night at the Senator Theater

10/14/2005 LST Self-Advocate – 1 pm Main Office – Mr. Sippio

10/14/2005 LST Personal Hygiene – 5 pm Reisterstown - Ms. Rhonda

10/15/2005 Ramadan is the ninth month on the Muslims calendar. Muslims believe the Holy Quran was sent down from heaven at the same time. During the month of Ramadan, Muslims will fast every day from sunrise to sunset. They will also dedicate many of the daylight hours to praying and studying the Qur'an.

10/15/2005 LST Housekeeping – 5 pm Reisterstown – Ms. Angela

10/16/2005 LST Cultural Perception –5 pm Walker Manor - Mr. Al

10/18/2005 LST Employment – 6 pm Walker Manor – Mr. JR

10/19/2005 LST New Client Training – 6 pm Main Office – Mr. Jamal

10/19/2005 LST Housing – 6 pm Reisterstown – Ms. Yolanda

10/20/2005 – Welcome Party for New Clients – 5pm Main Office

10/22/2005 LST Housekeeping – 5 pm Walker Manor – Ms. Angela

10/23/2005 LST Employment – 5 pm Reisterstown – Mr. Al

10/24/2005 United Nations Day is observed to celebrate the coming together of the 81 different countries that form the United Nations (UN). It was on January 26, 1945 that 50 countries signed on to be a part of the UN. And on October 24th of the same year, the United Nations Charter was passed and the United Nations became an official governing body. The United Nations Day mission statement is that the day “shall be devoted to making known to the people of the world the aims and achievements of the United Nations, and to gaining their support for the work of the United Nations.”

10/25/2005 LST Housing – 6 pm Walker Manor – Ms. Daphney

10/26/2005 LST Healthy Relationship – 6 pm Main Office – Mr. Jamal

10/26/2005 LST Cooking Class – 6 pm Reisterstown – Ms. Rhonda

10/27/2005 LST Prejudice – 5 pm Reisterstown – Ms. Rhonda/Ms. Yolanda



10/28/2005 Halloween Scream at Six Flags

10/30/2005 Daylight savings time ends. Remember to reset your clocks. Time falls back Sunday Morning

10/31/2005 Halloween – Be kind to trick or treaters and have a safe day.

NP NEWS OCTOBER 2005

WORD SEARCH

U J F S S S S E Z N A O N A N
D N H I A E M K O U C P O A E
G Z I F N P G I W O K P I C E
P N E T L A T N M A G O T A W
Y T I O E E N M A N H R A D O
Y R Y N R D O C I H E T R E L
T E A C I N N P I N C U O M L
R R S U S A P A D A Z N C I A
K I U E T O G R T L L I E C H
D S N S H I A R B I H T D P T
V S E S T G B V A S O Y K D U
E D U C A T I O N B U N A A R
Y A D S U B M U L O C E S Y T
K R E S P O N S I B I L I T Y
R U P P I K M O Y B U F F E T

ACADEMIC
BARGAINING
BUFFET
CHANGES
COLUMBUS
COLUMBUSDAY
COMMONSENSE
DAY
DECORATION
DISCRETION
EDUCATION
EMPLOYER
FINANCIAL
GARDNER
HALLOWEEN
HAWKS
OBITUARY
OPPORTUNITY
RESPONSIBILITY
SAFETY
SHOPPING
TRUST
TRUTH
UNITEDNATIONS
YOMKIPPUR

NP News Staff

Echo G. Hester
Gloria Taylor
Jennifer Pettis
Jeff Lambert

The New Pathways News is a monthly publication for staff and clients. Any client or staff member may submit articles, stories, poetry, etc. for publication. Articles must be submitted by the third Friday of the month for the next month edition.

A special thank you to all clients and staff who have made the NP News possible.



New Pathways, Inc.
540 E. Belvedere Avenue
Belvedere Square Suite 201
Baltimore, MD 21212

Phone 410-464-2600 Fax: 410-464-2687

Staff

Kevin Keegan, Executive Director
Jeffrey Lambert, Associate Director
Lois M. Peach, Financial Director
Echo G. Hester, Administrative Assistant
Gloria Taylor, Secretary
Barry Smith, Safety & Operations Coordinator
James G. Sutton, Jr.-Facility Manager
Angela Womack – Housekeeper
Brenda Campbell, Dir of Training & Voc Svcs.
Jamal Evans, Life Skills Trainer

Independence Plus

Jennifer Johnson Pettis, Program Director
Tom Mumaw, Case Manager
Jodi Schmidt, Case Manager
Adia Crawford, Case Manager
Stanley Anderson, Life Skills Counselor
Kenneth Barnes, Life Skills Counselor
Karen Brown, Sr. Life Skills Counselor
Tonya Brown, Coordinator of Residential Life
Ronda Harris, Life Skills Counselor
Yolanda Hawkes, Life Skills Counselor
James Richard Jr, Life Skills Counselor
James Sippio, Sr. Life Skills Counselor
Deanna Murray, Life Skills Counselor
Alexander Watson, Life Skills Counselor
Gerard Washington, Life Skills Counselor
Daphney Williams, Life Skills Counselor
Deborah Young, Life Skills Counselor

Second Generations

Laura Fertig, Program Director
Makda Belay, 2G Life Skills Counselor
Judith Dukes, 2G Life Skills Counselor
Brenda Phelps, 2G Sr. Life Skills Counselor
Lisa Sutton, 2G Life Skills Counselor