



CONGRATULATIONS GRADUATES One Door Closed and Another Door Opened

Kudos to all who have successfully graduated, completed college courses for credit, received certificates for their continuing education during the 2005-2006 school year, and those clients who continue furthering their education.

New Pathways would like to recognize the following Independence Plus clients and their success:

Lashawn M - Diploma - Frances M. Wood High School
Travis D - Diploma - Florence Bertell Academy
James J – Diploma – Samuel L. Banks High School
Roni G – GED
Khushboo J - GED
Jarrett F-Graduate - Baltimore Int'l School of Hair Design
Kimberly D – Department of Corrections Academy

New Pathways would like to recognize the following Second Generations clients and their success:

Dimitra D – Diploma – Pacquin High School
Vanity D – Diploma – Walbrook High School

Very belated congratulations go out to Ms. Adia Crawford, Case Manager, for obtaining her LCSW-C license on July 16, 2005!! This licensure is the culmination of many years of hard work for a social worker, and signifies that Ms. Adia can practice social work independently. The letters LCSW-C stand for Licensed Certified Social Worker – Clinical. To qualify for it, you must have a Masters in Social Work, pass the LGSW (Licensed Graduate Social Worker) exam, and then work in the field of social work for at least two years under the supervision of an LCSW-C. Finally, you take another exam to attain the status of LCSW-C. Way to go, Ms. Adia!!

Our former Case Manager Ms. Jodi Schmidt also obtained her LCSW-C licensure in March 2006. Congratulations, Ms. Jodi!!

New Pathways would also like to recognize Tyecia and Shaney who are the first known former clients to received their Bachelor's Degree.

Congratulations – Congratulations - Congratulations

THOUGHT YOU WERE DONE THINK AGAIN Miss Echo G. Hester

Remember, as you close one door of your education, another door opens. Times are different today than they were when my parents were growing up. Back in the day you went to elementary school, junior high school, senior high school and either went to college or joined the military and you were set for life. Today, technology advances on a daily basis. It is important that you personally realize that in addition to working to support yourself, you need to continue your education for the rest of your life. Continuing your education includes more than just "going to school". It includes

- ❑ Reading trade magazines
- ❑ Reading the newspaper
- ❑ Visiting stores and learning about classes offered, the latest technology (did you know that they are now making a refrigerator with a built in TV and computer functions – visit Best Buy), etc.
- ❑ Taking classes for fun (I recently took a class at Jeppi Nuts in Lutherville and learned how to make Chocolate Tea Cups).
- ❑ Keep your eyes and ears open for different educational opportunities such as free seminars – recently Wells Fargo offered a seminar at the Baltimore Convention Center featuring David Bach and his book "The Automatic Millionaire Homeowner". There was nothing to buy, no cost to go to the seminar and people that attended received a copy of his book and the opportunity to get the book signed. Refreshments were served after the seminar and it was a great learning opportunity.
- ❑ Joining a volunteer group that relates to your personal interest or one that you want to learn about - such as your local Community Association, hospitals or, Girl or Boy Scouts – opens plenty of doors for learning

Keep the doors to your mind open and don't stop learning!

NATIONAL SAFETY MONTH

By: Michelle D

The month of June marks the 10th anniversary of National Safety Month. Here is a checklist so you can evaluate your home for any hazards.

1. Test your smoke detectors. Change batteries if necessary.
2. Do you have a fire escape route?
3. Do you notice any frayed wires, wires under carpets, loose plugs or gas smells around pipes or appliances?
4. Do your throw rugs have non-skid padding?
5. Is there a bath mat near the bathtub or shower?
6. Are household cleaning products and medications kept out of children's reach?
7. Do medications have childproof caps?
8. Do you have a carbon monoxide detector?
9. Is the number of your local poison control center posted near every phone?

THOUGHTS FROM MR. KEVIN

First of all, let me offer my congratulations to our many graduates. Take a moment to enjoy your accomplishment, and be very proud of yourself for what you have done. Don't forget that this is not the final accomplishment of your journey. It is just the first step towards the journey into your adult life. Enjoy it for a little while, and then get ready for us to push you towards your next goal. Our graduation dinner is on June 14, and you will be receiving an invitation for the dinner with all of the details.

Many times, I get into conversations with someone in our program, and the conversation is one of those that I have repeatedly, so it inspires me to mention it here. This recent conversation had to do with the idea that since you are getting older, it means that you can say anything you want. Ironically, as we get older we really have less freedom in many areas due to the responsibilities we must meet, and the freedom to say whatever we want is one of these areas. Getting older actually requires you to have the ability to screen what you say. I think that it is very important that everyone in this program has the opportunity to speak their mind, and to feel that they are being heard, but this is too easily confused with permission to say not only **WHAT**ever you want, but to say it **HOW**ever you want. When you are a child, it is understandable that you may not know how to say things, but as you get to be an adult, if you are not able to present what you need to say in a respectful manner, you will not be heard. This applies to situations at work, school, with your landlord, your bank, or any other place where you interact as an adult. I encourage everyone to put some thought into this and decide whether or not you need to put some work into this issue. You will find that you are able to say almost anything, and be heard, if you are able to say it in a manner that allows the other person to actually hear what you are saying.

Just some food for thought. As always, take care and be safe.

NEW PATHWAYS WEEKEND OF FUN!

Submitted By: Mr. JRJ

The weekend was filled with excitement, fun, and togetherness. On Saturday, May 6, 2006 New Pathways took a group of clients to experience the college atmosphere of an old fashioned Greek Show. The Step Show was held at a Loch Raven High School here in Maryland and some of our clients had never attended such a show. The Step Show was hosted by The Alpha Kappa Alpha Sorority Inc. who use this as an annual scholarship fund raiser. They announced six students who each receive \$1500 in scholarships on an annual basis.

There were several Fraternities (Males) and Sororities (Females) involved in the step competition, which were competing for cash prizes and trophies and the pride of knowing that their organization was the best in the area. The winner for the evening was the men of Kappa Alpha Psi, Fraternity where Mr. JRJ is a member. The clients who attended got a glimpse of the college atmosphere and how other college and future college students both past and present interact and compete against one another. This is just one of the activities a college student can get involved in and help the community and upcoming students. One of our clients stated that he was so excited that he could not wait to attend college so that he can join one of the fraternities (Reggie J).

As the weekend progressed, on Sunday, May 7, 2006 seventeen clients and seven staff gathered to take part in the art of Duckpin Bowling at the Parkville Bowling arena. What a time, what a time we all had, the competition was on even our director, Mr. Kevin Keegan was out there rolling strikes. Some of the clients who had never experienced duckpin bowling soon warmed up to the sport and threw strike after strike. Darnell and Simone were among the high scores of the evening. Eugene with his colorful bowling shoes on was going from lane to lane and having a great time. Others such as Whitney, Darnell, Sherice, Adanna, Cameko, Ronald, Darrell and a host of staff put forth a valiant effort in showing us how easy it is to knock down 10 pins with one ball.

The outings of the weekend were very rewarding ones and everyone is looking forward to New Pathways' next event. Thanks to each and everyone who made this weekend a great success; the activity committee, additional staff and we could not have done it with out our lovely clients.

Until next time...keep your eyes open for the **NEXT** events.

"BIG UPS TO"



Congratulations to Reggie J for completing his weekly goals.

Ms. Jamila

Positive influence – group support.

Jeremy W

I want to give a BIG UPS to Mrs. Beth for knowing all about Babies.

The Unknown

BIG UPS to New Pathways for giving me a wonderful housewarming. Thank you all for everything. Especially Mr. Tom for being an exceptional case manager.

Tyree W.

What is "BIG UPS TO" you ask? It is your opportunity to acknowledge something good about a staff member or client at New Pathways. Did someone do something nice for you? Did you enjoy an event or class at New Pathways? Do you have something nice to say about someone at New Pathways? This is your chance to share your thoughts and feelings. Please write down your Kudos and forward them to the NP News c/o Main Office (this can be done via your case manager or other staff member). Thank you.



LETTERS TO MR. BOB

Dear Mr. Bob:

What's going on with the BGE Bills?

I don't understand the Fuss

Dear I Don't Understand the Fuss:

The rate increase is all about flawed politics, and it is a good example of why everyone needs to watch what goes on in the Maryland general assembly. In 1999, the state senate enacted legislation that capped electricity prices at 1993 levels until July 1, 2006. That means that BGE has not raised prices in 13 years. The result is that electricity rates were held at an artificially low rate despite an increase in energy costs. For example, look at how high the price of gas has gone in the last several years. This all means that as of July 1, the state government will no longer be regulating the price of electricity. As a result, BGE wants to make up for the past 13 years of not being allowed to make an increase by increasing it all at one time. This is a combination of poor politics by your elected officials and corporate greed.

Several organizations and local governments have moved to stop the increase because they believe it is too much at one time. There is a concern that lower income people will not be able to afford electricity.

Mr. Bob

Do you have a problem or question and don't know where to turn for an answer? Send your problem or question to the NP News Desk at the main office. We will respond in the next issue of the NP News. All submissions will be discrete and no names will be published.

MEN'S GROUP FISHING TRIP

Submitted by: Darnell F

The Men's Group Fishing trip actually started Friday May 19. Darnell, Reggie, Joe, Al, Preston, and BJ stayed up all night in the Reisterstown office getting on Mr. JR's nerves. Clients were very excited and looked forward to going on the fishing trip, while Darnell, Al, Preston, and EJ played a long and vigorous game of Monopoly, and Joe and Reggie played Xbox. Then around 4:00 a.m. Mr. JR started gathering everyone together so that we could make our way to the Eastern Shore.

All clients, with the assistance of Mr. JR, started loading the vans with food and sodas. At that time Mrs. Tonya brought her son over for the trip and all other clients started to arrive on time for our 5 AM departure. On the way to Eastern Shore most of the clients were asleep and it was all video taped by Joe. Once we arrived, with sleep still in our eyes, you could still see the excitement on everyone's faces. Mr. Kevin, Mr. Jamal, Mr. Jeff, Mr. Tom, and Mr. James all met up with us as we boarded the fifty passenger boat. Clients were excited about getting started and kept asking when was the boat going to pull off. The boat went out into the Bay and made several stops. Once the boat made its third stop clients started to get the swing of things and were excited because at that time everyone started catching fish. Joe caught the first fish and many more followed. Muhammad caught 15 fish, which was the most, close behind him was Joe with 12, both Darnell and Lil Jon- Jon (Mrs. Tonya's son) caught 9. I, (Darnell) was a little upset because Lil Jon- Jon caught the same amount as me and it was his first time. Eugene woke up out of a cold sleep and threw his rod in the water. One minute later, he caught his first fish. Preston, Al, and BJ all caught a generous amount of fish as well. The boat took about one hour to get back to shore, and at that time most of the clients were asleep, while others were messing with Mr. JR as he was trying to sleep. Once the boat got to the shore, everyone assisted in repacking the vans. Same as when the boat came to shore all clients were asleep on the way back to Baltimore. I speak for all the male clients in New Pathways that attended this fishing trip when I say this was an exciting trip and we are already looking forward to the next Men's Group trip.

HAPPY BIRTHDAY



A big Happy Birthday to Darnell F, Kimberly H, Brandon W, Annette C, Ms. Angela, Ms. Kerisha and Mr. Vonzell.

NP NEWS JUNE 2006

T E Y V O G N D C N N E E M K
 H N K G A V I U O A R L R E Y
 Y I E L O P E I C I K T O L T
 G Z F M L L T R A L H E H E I
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 E C A P S O R E A A J O E A Y
 P A S S E N G E R Y X J N G P

ACCOMPLISHMENT	AEROSPACE
BOAT	CAKE
COMPETITION	COMPUTER
DIPLOMA	EASTERSHORE
EDUCATION	ELECTRICITY
FISHINGTRIP	FLAG
FRATERNITY	GROUP
HYGIENIST	MAGAZINE
MILLIONAIRE	NUCLEAR
OPPORTUNITY	OVERDRAFT
PASSENGER	SAFETY
TECHNOLOGY	THERAPIST

Sudoku

7					2		
			8	4	3		
3					5		
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	5		6			9	
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8	1			9			
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Fill in the grid so that every row, every column, and every 3 x 3 box contains the digits 1 through 9.

FINANCIAL TIP OF THE MONTH PENNY BANK



Dear Penny Bank:

My bank statement keeps saying I am going into overdraft. What does this mean?

Overdraft

Dear Overdraft:

There are a couple of reasons why you are going into overdraft.

- When you deposit a check into your account, the bank can place a "hold" on the money until it receives the money from the bank the check was issued on. For example: If your account is with Provident Bank and you deposit a check from Commerce Bank, the bank may not release the money you deposited into your account until they get the money from Commerce Bank. If you spend the money you deposited before the bank credits your account you will go into overdraft.
- Different spending institutions (ATM's, stores, etc.) charge different fees for withdrawing money from your account. If you do not keep track of the money you are withdrawing from your account and the fees charged, you will have an overdraft. For example: If you go to an ATM that charges \$6 to withdraw money to withdraw \$50, and you have \$55 in your account and you will cause an overdraft because the transaction cost \$56. The bank will also charge your for the overdraft resulting in more fees.

To avoid overdrafts in the future:

- Give checks enough time to clear before you use the money.
- Make sure you know how much a spending institution is going to charge you for withdrawing your money from your account and keep track of your withdrawals and the fees charged
- Pick an amount of money to keep in your account at all times and convince yourself that it is not there. (If you keep an emergency \$300 in your account and go below that amount, you will avoid Bank charges because you have gone into your own emergency money instead of the banks and you can then replace your own funds instead of the banks).

If you have any more questions, Let me know.

Penny Bank

Do you have a question or problem about bill paying, saving money, budgeting or other money related question? If so, please send your questions to Penny Bank NP News c/o Main Office (this can be done via your case manager or other staff member) and we will be happy to answer your question in the next issue.

NP News Staff

Echo G. Hester- Jennifer Pettis-Jeff Lambert

The New Pathways News is a monthly publication for staff and clients. Any client or staff member may submit articles, stories, poetry, etc. for publication. Articles must be submitted by the third Friday of the month for the next month edition.

A special thank you to all clients and staff who have made the NP News possible.

CHOOSING A CAREER PATH Mrs. Brenda Campbell

Can you answer the following questions? Who am I, Where am I and How am I going to get where I need to be? These are fundamental questions one must answer over and over throughout one's life to develop and maintain a career development plan throughout your life. The following six steps can be used to guide one in accomplishing this goal.

1. **Career Awareness Exploration** – Investigate and explore a vast number of career opportunities.
2. **World of Work** – Learn the meaning of work, how to get along with others, your responsibilities to an employer, an employers responsibilities to his workers, and the laws governing the workplace.
3. **Outlook for Careers** – Learn about the availability of jobs in your chosen field of interest – present and future prospects for careers.
4. **Self Appraisal** – Evaluate and analyze your skills, abilities and interests.
--Make sure that you are being realistic when choosing your career area. Try to do what you like and what your are capable of doing. Don't choose to work somewhere that pays well but you hate getting dirty. You will be miserable and "it won't last".
5. **Choosing A Career Objective** – Match what was learned in your career awareness/exploration with your self appraisal for the purpose of selecting a satisfying career objective.
--If you do the right research and know yourself, you should be able to select a career path that will be fulfilling and lead to a promising future.--
6. **Prepare for Career Objectives** – Identify what you must do in taking steps to prepare for career objectives either through education, training , or work experience.

--This is Self explanatory:

**GO TO SCHOOL
LEARN A TRADE,
STAY EMPLOYED**

"DON'T WAIT, YOUR FUTURE IS NOW, IF YOU WANT MORE, YOU MUST DO MORE."

If you need assistance with any of these steps please contact Miss Brenda ASAP!!

10 BEST-PAYING JOBS FOR ASSOCIATE DEGREES From CareerBuilder.com Submitted by Jeff Lambert

The following is a reason to finish your A.A. degree if you've started it. A strong correlation exists between more formal schooling and lower unemployment, according to the Department of Labor's Bureau of Labor Statistics (BLS). In March 2006, high school graduates had a nationwide unemployment rate of 4.6 percent; associate degree holders had a rate of 3.9 percent; and bachelor's degree holders or higher had a 2.2 percent unemployment rate.

Investing in post-high school education can also have a strong impact on salary. High school graduates with no college education collect an average weekly salary of \$583, according to Current Population Survey data, and that figure jumps nearly 15 percent to \$670 for associate degree holders.

The following jobs are ranked by the BLS as the highest-paying jobs typically held by those with associate degrees. Some of these pay more than many jobs that require bachelor's degrees.

1. **Computer specialist** -- \$59,480 - Some perform a variety of functions ranging from technical support to coordinating network security. Some employers prefer graduates with an associate degree in a computer-related field.
2. **Nuclear technician** -- \$59,200 - They monitor radiation and operate nuclear test and research equipment, and may also assist with research projects. An associate degree in an applied science or specific technology is needed.
3. **Dental hygienist** -- \$58,350 - They provide routine dental services including cleaning teeth, taking X-rays and preventative care. They must graduate from an accredited dental hygiene school and pass an exam.
4. **Radiation therapist** -- \$57,700 - Radiation therapists administer radiation therapy to patients afflicted with tumors or cancer. Employers generally require an associate degree from a radiation therapy program.
5. **Nuclear medicine technologist** -- \$55,840 - They administer diagnostic tests that involve using radioactive materials to monitor organ functions. An associate degree in nuclear medicine technology is standard.
6. **Fashion designer** -- \$55,840 - They study current fashion trends, sketch out new clothing designs, select the colors and fabrics and oversee production. They often hold associate degrees in fashion design or fine arts.
7. **Aerospace engineering and operations technician** -- \$52,500 - They construct, test and maintain aircraft and space vehicles. An associate degree in engineering technology is standard, and certification can be a competitive edge for job seekers.
8. **Diagnostic medical sonographer** -- \$52,490 - They administer diagnostic imaging technology used during pregnancy and to diagnose some diseases. Many community colleges offer associate degrees in diagnostic medical sonography.
9. **Registered nurse** -- \$52,330 - Registered nurses treat sick, injured and convalescent patients, and provide education on post-treatment care. RNs must have at least an associate degree in nursing and licensure.
10. **Engineering technician** -- \$49,440 - They perform a variety of research and development tasks like setting up equipment, conducting experiments and collecting data. Employers prefer associate degrees in engineering technology.

NP RECIPE OF THE MONTH



What do you think about and feel when you see the United States Flag? Does it give you goose bumps? Are you inspired to stand tall and feel proud that you live in this country? Do you really see it at all?

Sometime late in May 1776, George Washington, Robert Morris and George Ross, of the Continental Congress, asked Betsy Ross, a seamstress in Philadelphia, to make the first American flag. They had an idea of creating a flag with stars and stripes and legend has it that they left the design up to Mrs. Ross. Through out the years, the flag like our country has evolved. The red and white stripes now represent the original thirteen states that formed our country. Each star on the flag represents a state in the Union.

On June 14, 1777 the first American flag was approved by the Continental Congress. Thereafter, June 14 has been celebrated as Flag Day.

FLAG CAKE

Prep Time: 15 min

Makes: 12 servings

2 pt. Strawberries

1 pkg. (12 oz) frozen pound cake, thawed, cut into 14 slices

1-1/3 cups blueberries, divided

1 tub (12 oz) Cool Whip Whipped Topping, thawed

SLICE 1 cup of the strawberries and set aside. Halve remaining strawberries; set aside.

LINE bottom of 13 x 9-inch baking dish with cake slices. Top with sliced strawberries and 1 cup of the blueberries. Spread whipped topping evenly over berries.

PLACE strawberry halves and remaining 1/3 cup blueberries on whipped topping to create a flag design. Refrigerate until ready to serve.

CALENDAR OF EVENTS JUNE 2006

6/8/2006 All Client Meeting and Movie Night

6/14/2006 Flag Day

6/14/2006 Graduation Dinner – See your Case Manager for Details

6/29/2006 Young Fathers Conference – see Mr. Jeff

8/25/2006 New Pathways Annual Picnic

**Watch for future information on a trip to an adventure park, trip to New York to see a Broadway Show, and our annual picnic.



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Kimberly Armstrong, Life Skills Counselor
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Kenneth Barnes, Life Skills Counselor
Karen Brown, Sr. Life Skills Counselor
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Kelly Ellerbe, Life Skills Counselor
Yolanda Hawkes, Life Skills Counselor
Sharnett Kelly, Life Skills Counselor
James Richard Jr, Life Skills Counselor
James Sippio, Sr. Life Skills Counselor
Gloria Taylor, Life Skills Counselor
Alexander Watson, Life Skills Counselor
Gerard Washington, Life Skills Counselor
Alexander Watson, Life Skills Counselor
Daphney Williams, Life Skills Counselor
Dante Wilson, Life Skills Counselor
Deborah Young, Life Skills Counselor

Second Generations

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