



**MAY IS KNOWN FOR MANY HOLIDAYS
ONE BEING MOTHER'S DAY.
SO HERE'S A SWEET
MOTHER'S DAY POEM!
Submitted by Michelle D.**

M is for the miracle of being.
O is for its origin in love.
T is for the tenderness of seeing.
H is for a home no wind can move.
E is for the ecstasy of living.
R is for the recklessness of giving.

**FOSTER CARE MONTH
Submitted By: Laura Fertig
Summarized from:
NASW News, April 2006
Article by Paul Pace**

This month Casey Family Services and National Association of Social Workers (NASW) are partnering to promote "May is Foster Care Month". The goal is to focus awareness on the needs of thousands of children who are in the child welfare system.

Foster Care Month started in 1988. The original focus was to recognize the efforts and contributions of thousands of foster parents across the country. In the 1990's, the focus became youth in transition. Their efforts were significant in getting the passage of the Chafee Foster Care Independence Act. This act is of significant importance to New Pathways clients as they prepare to leave foster care. NASW is also using this promotion to focus interest in culturally sensitive recruitment in foster parenting.

To get more information you can go to www.fostercaremonth.org.

**SO YOU WANT TO BE A GANGSTER?
By: Kimberly Armstrong, LSC**

Thank you to all of the New Pathways clients and staff who attended the Maryland Juvenile Justice Coalition (MJJC) monthly community meeting. The meeting was hosted by Mr. Cameron Miles on Tuesday April 24, at Mr. Dante's Multi-Purpose Center located in South West Baltimore, where there has been an overwhelming increase in gang activity leading to a rise of violent crime in the area.

The Maryland Juvenile Justice Coalition invited ex-gang members from Chicago to speak at the meeting. These young men turned their lives around and are now working with the same population of young men and women from which they came. I think our young people were expecting to see men that looked like Scar-face or someone from the Bambino family (a MAFIA family) with cigars, gold chains and gold teeth, and wanted to hear about how many people they murdered and how much money they made selling drugs? This was clearly not the case.

What was interesting to me and so very sad is when our children attend a community meeting to hear about ex-gang members, they are more intrigued in how to stay a part of the gang rather than how to get out and turn your life around to serve your purpose in life. But so many of our youth have so little hope for the future that they only see negativity in everything and look forward to death as a way out of a difficult life.

I hope that our young people and adults took away something from the meeting that was positive. Change does not come overnight and it takes hard work and dedication. You have to want to be somebody before you can become anybody.

We as a community, and one person at a time, can help to change the mindset of our youth and give them love, as well as some sense of a hopeful future so that GANGS won't be their friends but the enemy.

Answer this question and you are on your way to a hopeful future.

If you don't LOVE YOURSELF – WHO CAN YOU LOVE?

More of our young people should attend these meetings just to hear what is going on in their communities and how they could be a part of making a change.

VOCATIONAL CORNER
CAREER DECISIONS
Mrs. Brenda Campbell

Before you make a career decision it is very important to consider what type of education and/or training you will have to complete. What do I need to do if I want to be a . . .

Physician or M.D.

Education Needed: It takes many years of education and training to become a physician: 4 years of undergraduate school, 4 years of medical school, and 3 to 8 years of internship and residency, depending on the specialty selected. A few medical schools offer a combined undergraduate and medical school program that lasts 6 years instead of the customary 8 years.

Job Outlook: Employment of physicians and surgeons will grow about as fast as the average for all occupations through the year 2010 due to continued expansion of the health care industry.

Earnings: Physicians have among the highest earnings of any occupation. According to the latest data from the American Medical Assoc. Physicians earn an average income of \$160,000 per year. This amount can change depending on your specialty.

Registered Nurses

Education Needed: In all states students must graduate from an approved nursing program and pass a national licensing examination to obtain a nursing license. There are two major educational paths to registered nursing: Associate Degree in nursing (A.D.N.) and Bachelor of Science degree in nursing (B.S.N). Nursing education includes classroom instruction and supervised clinical experience in hospitals and other health facilities.

Job Outlook: Job opportunities for RNs are expected to be very good. This area is constantly growing because of technological advances in patient care. Home healthcare is also a great industry to pursue because of the growing number of older persons with disabilities. Remember that a Certified Nursing Assistant is not a Nurse.

Earnings: The average salary for registered nurses is \$46,000+++.

Social Workers

Education Needed: A bachelor's degree (4 yr) in social work (BSW) degree is the most common minimum requirement to qualify for a job as a social worker. A Master's Degree (plus 2 years) in Social Work (MSW) is necessary for positions in health and mental health settings. BSW programs prepare graduates for direct service positions and MSW programs prepare graduates for work in a chosen field of concentration and continue to develop their skills to perform clinical assessments, manage large caseloads, and explore new ways of drawing upon Social Services to meet the needs of clients.

Job Outlook: Competition for social worker jobs is stronger in cities where demand for services often is highest, training programs for social workers are prevalent and interest in available positions is strongest. Employment of social workers is expected to increase faster than the average for all occupations through 2010.

Earnings: The salary range for social workers is \$37,000 - \$41,000++ depending on the area of specialty and level of education.

Cosmetologist/Barbers

Education Needed: All states require barbers and cosmetologists to be licensed by the state in which they work. Qualifications for

a license can vary from state to state. You must have graduated from a State-licensed barber or cosmetology school and be at least 16 years old. In the state of MD you must have a high school diploma before you can attend an accredited beauty or barber school. Cosmetology training programs can last 9 to 24 months. You must learn hygiene, chemistry, anatomy and sanitation and pass a licensing exam that consists of written and practical test of skills. In MD you must be able to verbally explain some procedures.

Job Outlook: Because of increasing population, incomes and demand for cosmetology services, this area continues to grow rapidly. Opportunities are better for professionals that are licensed to provide a broad range of services. As long as people want to continue to look good the need will always exist.

Earnings: A number of factors determine total income for barbers and cosmetologists. Some of which are the number of hours worked, clients' tipping habits, location of business, and overall competition. This is one of the areas where the money you make is determined by how much time and effort you put into your career. Starting salaries can begin anywhere from \$25,000 to \$37,000. However, if you decide to open a salon the opportunity for more money is considerably higher.

Teachers (Elementary, Preschool, Middle)

Education Needed: All 50 states and the District of Columbia require public school teachers to be licensed. Requirements for teaching vary according to states however generally 4 years of education is required and a student must wait until their sophomore (2nd) year of school before applying for admission to a teacher education program.

Job Outlook: Job opportunities for teachers over the next 10 years should be excellent. A large portion of teachers in the US will be retiring in 2010 and this will create many vacancies.

Earnings: First of all we know that teachers never make as much as they should. According to the American Federation of Teachers, beginning teachers with a bachelor's degree earned an average of \$28,000. The estimated average salary of all public elementary and secondary teachers is approximately \$42,000.

Psychologist (PhD)

Education Needed: A doctoral degree usually requires 5 to 7 years of graduate study. The PhD degree also requires that you do a dissertation (research paper) based on original results. Clinical psychologist usually needs a Ph.D. or Psy.D. and have to serve an internship. If a psychologist wants to run a private practice they need to be licensed by their practicing state.

Job Outlook: Opportunities for psychologist are expected to grow in the fields of mental health and substance abuse treatment. Psychologist with extensive training in research method and computer science may have a competitive edge over applicants without this background.

Earnings: The average salary for clinical, counseling and school psychologists is \$49,000. Research psychologists can earn \$67,000.

If you would like to know more about these areas or any other specific area of study please come to see Mrs. Brenda. I hope that you find this information helpful. If you get started now, there is nothing stopping you from achieving your goal of becoming a ...

THOUGHTS FROM MR. KEVIN

It seems that the speech about finishing what you start is even more appropriate as springtime approaches. It seems that so many people I see are very good at getting off to a great start, whether it is jobs, school, or even relationships, but so often do not see things through to complete them in a positive way. This time of year, as the school year is coming to a close, the nice weather makes it even harder. I look forward to the graduation dinner next month to celebrate a wonderful achievement by so many people, and what I will tell everyone is that this is not the end of a journey, but the beginning of a new one. Do not get distracted so close to the end. Think about the goals you want to achieve, and finish things strong.

As for events, we will have an active summer of events, so pay attention to the calendar. I look forward to seeing all clients and former clients at our 3rd Annual Family Reunion this summer at Gunpowder. We will certainly do an amusement park trip and we are trying to put together a New York trip to see a show. We will keep you posted on all of these events.

As always, take care and be safe,
Mr. Kevin

"BIG UPS TO"



Congratulations to Antonia R for completing her weekly goals.

Ms. Jamila

If you want success, then New Pathways is the best. Thank you so much.

Harold B.

Big Ups to Mr. Tom for keeping our water bottles filled at the Main Office and everything else he does.

Mrs. Bob

What is "BIG UPS TO" you ask? It is your opportunity to acknowledge something good about a staff member or client at New Pathways. Did someone do something nice for you? Did you enjoy an event or class at New Pathways? Do you have something nice to say about someone at New Pathways? This is your chance to share your thoughts and feelings. Please write down your Kudos and forward them to the NP News c/o Main Office (this can be done via your case manager or other staff member). Thank you.

HAPPY BIRTHDAY



A big Happy Birthday to Toshuna, Larry, Cheyenne, Lisa, Mrs. Laura, Mr. Al and Ms. Sharnett.



LETTERS TO MR. BOB

Dear Mr. Bob,

I am really interested in going to college. However, I don't know if I am college material. I know if I get accepted to a college, I would have to take remedial classes. I think those classes are embarrassing. What should I do?

Embarrassed

Dear College Applicant:

All your concerns are valid one. Please use your supports. Talk with your case manager and make appointment with NP's Director of Education & Vocational Training. If you have a trusting relationship with other staff or clients sit down in a quiet and confidential area and discuss your situation. Let me know how it goes.

Mr. Bob

PS: CCBC Essex is offering a Workshop to Prepare for the Math Placement Test. For more information you can contact the Student Success Center at Essex.

Mrs. Bob

Dear Mr. Bob:

I am a graduate of New Pathways, Inc. My apartment ceiling has been leaking for a few weeks. I have contacted the leasing office several times. They say they are very busy and will get to the problem soon. Should I put my rent in escrow to make them take me more seriously?

Rainy ceiling too long!

Dear Rainy Ceiling:

Please re-read your lease. Leases often address how to deal with such problems. Have you established a relationship with anyone at the rental office? Many times you can get quick action if you have established an internal support system within your complex or landlord. I think escrowing the monies should be a last attempt to solve the problem. Have you placed a written work order at the leasing office? Please call or write back. Good luck.

Mr. Bob

Do you have a problem or question and don't know where to turn for an answer? Send your problem or question to the NP News Desk at the main office. We will respond in the next issue of the NP News. All submissions will be discrete and no names will be published.

WORD SEARCH NP MAY 2006

L Y L L A R U T L U C M E N R
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BARBER	BOOK
BOUNCE	CALENDAR
CARE	CULTURALLY
FILM	FISHING
FOSTER	GANGSTER
GRADUATION	INDEPENDENCE
JEVENILE	JUSTICE
LATTEFACTOR	MEMORIALDAY
MOTHER	NURSE
PHYSICIAN	PROMOTION
PSYCHOLOGIST	PURPOSE
REMEDIAL	SOMEBODY
THOUSANDS	TRANSITION
YOUTH	

SUDOKU

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Fill in the grid so that every row, every column, and every 3 x 3 box contains the digits 1 through 9.

HOUSEHOLD TIPS BOUNCE TIPS Submitted by Karen Brown

“Bounce” is the name of a dryer sheet product used to eliminate static electricity in the dryer and make clothes smell nice. There are other uses for the handy dryer sheets also:

- ❑ Bounce sheets will chase ants away when you lay a sheet near them. It also repels mice.
- ❑ It repels mosquitoes. Tie a sheet of Bounce through a belt loop when outdoors during mosquito season.
- ❑ Eliminate static electricity from your television (or computer) screen.
- ❑ Dissolve soap scum from shower doors. Clean with a sheet of Bounce.
- ❑ To freshen the air in your home-place an individual sheet of Bounce in a drawer or in the closet.
- ❑ Put Bounce sheet in vacuum cleaner.
- ❑ Deodorize shoes or sneakers. Place a sheet of Bounce in your shoes or sneakers overnight.

NP RECIPE OF THE MONTH TUNA TWIST CASSEROLE Submitted by: Michelle D.

½ cup Alfredo pasta sauce
 2 eggs
 1 garlic clove, finely chopped
 4 cups cooked tricolor rotelle pasta
 1 package (10 ounces) frozen chopped broccoli, thawed and drained
 1 can (6 ounces) tuna, drained
 1 cup seasoned croutons

1. Heat oven to 350°F.
2. Mix Alfredo sauce, eggs and garlic in ungreased square baking dish, 8x8x2 inches. Stir in pasta, broccoli and tuna. Press lightly in baking dish.
3. Cover and bake about 20 minutes or until set. Sprinkle with croutons.

FINANCIAL TIP OF THE MONTH



WHAT IS YOUR LATTE FACTOR?

First of all, just what is the “latte factor”? The latte factor is seemingly insignificant daily purchases that add up to a significant amount of money over time. What does that mean in English? If you buy a cup of coffee at Starbucks everyday during the work week – five days a week – for \$3.00, you are spending \$15.00 for coffee each week. Multiply that by one year (52 weeks) and you are spending \$780.00 a year on your daily coffee. The latte factor represents the little items that you purchase on a daily basis (soda & snack everyday from the corner store for \$3.00, cigarettes for \$4.00 a pack (you should not be smoking anyway), etc. that you really could do without.

Think about how you could invest \$780.00. You could put it in a savings account; purchase Certificates of Deposit, start a retirement account (yes, if you are over 18 there is a retirement plan you can start), buy bonds, or all of the above.

What is your latte factor? Can you make your money work for you?

Do you have a question or problem about bill paying, saving money, budgeting or other money related question? If so, please send your questions to Penny Bank NP News c/o Main Office (this can be done via your case manager or other staff member) and we will be happy to answer your question in the next issue.

NP News Staff

Echo G. Hester- Jennifer Pettis-Jeff Lambert

The New Pathways News is a monthly publication for staff and clients. Any client or staff member may submit articles, stories, poetry, etc. for publication. Articles must be submitted by the third Friday of the month for the next month edition.

A special thank you to all clients and staff who have made the NP News possible.

A BOOK AND A MOVIE

Have you read The DaVinci Code? Do you like a good mystery with some violence, relationship issues, clues, traveling and situations to make you think out of the box? Well, here is your chance. Read the book and then see the movie which opens May 19, 2006.

A movie is a great way to spend an afternoon. Most movie theaters offer matinee prices before 5 or 6 in the evening and some theaters offer discounts to students with College ID's. The month of May is offering a plethora of new movies to be released

An American Haunting

Hoot

Mission: Impossible III

The Da Vinci Code

Over the Hedge

See Know Evil

X-Men: The Last Stand

Check them out and have a great viewing month.

TWO OF AESOP'S FABLES

Submitted by Jeff Lambert

“The Shepherd’s Boy and the Wolf”

“A shepherd boy, who watched a flock of sheep near a village, brought out the villagers three or four times by crying out, ‘Wolf! Wolf!’ and when his neighbors came to help him, laughed at them for their pains. The Wolf, however, did truly come at last. The shepherd boy, now really alarmed, shouted in an agony of terror: ‘Pray, do come and help me; the Wolf is killing the sheep’; but no one paid any heed to his cries, nor rendered any assistance. The Wolf, having no cause of fear, at his leisure lacerated or destroyed the whole flock. There is no believing a liar, even when he speaks the truth.”

“The Man and His Two Sweethearts”

“A middle-aged man, whose hair had begun to turn gray, courted two women at the same time. One of them was young, and the other was well-advanced in years. The elder woman, ashamed to be courted by a man younger than herself, made a point, whenever her admirer visited her, to pull out some portion of his black hairs. The younger, on the contrary, not wishing to become the wife of an old man, was equally zealous in removing every gray hair she could find. Thus it came to pass that between them both he very soon found that he had not a hair left on his head. Those who seek to please everybody please nobody.”

**CALENDAR OF EVENTS
MAY 2006**



5/4/2006 National Day of Prayer

5/6/2006 National Nurses Day

5/6 & 7/2006 The First Annual Youth Film Jam at Maryland Institute College of Art's Brown Center in Falvey Hall, 1301 Mt Royal Ave. Featuring festival host, Giancarlo Esposito, an award-winning actor who has appeared in recent films such as *Rain*, *Last Holiday*, and the television series *South Beach*.



Films include *Whalerider*, *mad hot ballroom*, *rabbit-proof fence*, *Turtles Can Fly* and *Spirited Away*. Seating is available on a first-come first-serve basis. For more information visit www.mdhc.org or call MD Humanities Council at 410-685-0095. The Youth Film Jam is funded in part by a grant from Mayor Martin O'Malley and the Baltimore Office of Promotion and the Arts through the Creative Baltimore Fund: Helping support Baltimore's cultural Community, The William G. Baker, Jr. Memorial Fund, and the Annie E. Casey Foundation.

5/6/2006 **Step Show** 6 PM at Loch Raven High School, Vans will be leaving from Walker and Reisterstown Complexes at 5:00 PM. All New Pathways participants will receive free admission if they leave with New Pathways group. Sign up at either staff office.

5/7/2006 **NP Bowling Event** at Parkville Bowling Alley, 7607 Harford Road, 3 – 5 PM

5/9/2006 National Teacher Day

5/18/2006 **All Client Meeting and Movie Night**

5/14/2006 Mother's Day

5/20/2006 Armed Forces Day

5/20/2006 **NP Fishing Trip** for Men's Group – watch for flyer

5/29/2006 **Memorial Day – NP Main Office Closed**

**Watch for future information on a trip to an adventure park, trip to New York to see Broadway Show, and our annual picnic.



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