



EARTH DAY

(Source: <http://www.geocities.com/Heartland/1133/earthday.html>)

Submitted by: Ericka Morgan

I am the Earth
And the Earth is me.
Each blade of grass,
Each honey tree,
Each bit of mud,
And stick and stone
Is blood and muscle,
Skin and bone.
And just as I
Need every bit
Of me to make
My body fit,
So Earth needs
Grass and stone and tree
And things that grow here
Naturally.
That's why we
Celebrate this day.
That's why across
The world we say:
As long as life,
As dear, as free,
I am the Earth
And the Earth is me.

BIG UPS APRIL 2007

Big Ups to Courtney LaPrince who attended Youth As Resources grant writing workshop to help the NPW's Peer-to-Peer Mentoring Program obtain funding.

Mr. Tom

Big Ups to Simone for her honesty and forthrightness in returning a dropped bracelet found in her apartment worth several hundred dollars, before it was known it was lost. The owner did not know that it was lost and was about to leave when Simone called and reported finding it. The owner was really grateful and was overwhelmed by the honesty Simone, one of our family.

Mr. Barry

Big Ups to Miss Carey for all her help on the NP News.

Miss Echo

EDITORS NOTE

This issue of the NP News is all about learning about the environment and the stuff you did not know. For example: Do you know what happens to dirty water when it goes down the sink/toilet? Do you know what happens to trash after you put it in the dumpster? Does the weather outside seem a little funny? Where does pollution come from? Read on for answers to these and many more questions about the environment.

BALTIMORE RESCOE/INCINERATOR

Miss Echo G. Hester

Mr. Lou Demley was our tour guide through Baltimore Rescoe. One of Mr. Demley's first comments was "our main job is to get rid of trash." Unlike a landfill that trash is dumped into and covered up (and people in a fantasy world hope it will go away), Baltimore Rescoe is a plant that turns the majority of trash received into energy and recyclable materials. The remaining product is used in landfills.

Trash/Garbage trucks from Baltimore City, Baltimore County and Anne Arundel County enter the plant and are weighed (customers are charged \$67.50 per ton of trash). The trucks empty their garbage at one of five tipping bays into the Refuse Fuel Pit. The trash is then picked up by a Crane and dumped into a Hydraulic Ram Feeder, which feeds one to three of the furnaces. The furnace heats the boiler which collects and recycles the thermal energy in the form of steam, which is then sold. The ash from the furnace(s) are dried and filtered and sold to landfills. The metals that did not burn are collected in an ashtray and are sold as scrap metal.

Baltimore Rescoe is a part of Wheelabrator Technologies. It was built in 1984 and is one of 16 plants in the United States. The plant operates 24 hours a day/seven days a week. There are a total of 68 employees. The peak time for trash is after Christmas holidays and drops off in late January. It then peaks again in the spring when people begin Spring-cleaning and stays steady for the rest of the year. The plant does not accept any waste from hospitals. Disposing of biomedical waste is entirely different waste management topic.

During the tour we saw the trash pit, furnace and computer room. It was sad to see the trash pit and so many useful items carelessly thrown away. I think people should be taught to appreciate the material possessions they have and not discard them so easily. This would reduce a good deal of the waste. From a political standpoint, it is no wonder people from other countries say we are rich Americans – we throw too much money in the trash.

ANNOUNCEMENTS



A big Happy Birthday to Michael Y., Dwayne D., Jessica O., Dante J., Danielle W., Antonia R., Latoya R., Ms. Brenda C., Ms. Kelly, Ms. Angel

Congratulations -Emily O.



Julia E.

Born: March 22, 2007 At: 2:35 p.m.

Weight: 7 pounds, 11.6 ounces

Congratulations - La'Shawn M.



Morgan J.

Born: March 23, 2007 At: 12:05 a.m.

Weight: 7 pounds, 8 ounces

Congratulations to Jennifer P for receiving her High School Diploma.



New Pathways, Inc.

Community

Career Expo and Job Fair 2007

Where: YMCA, Stadium Place
900 East 33rd Street
Baltimore, Maryland, 21218

When: Thursday, May 24, 2007
9:00am – 3:00pm



Sponsored by: New Pathways, Inc., YMCA of Central Md., Baltimore City Department of Social Services, Casey Family Resource Center, Youth Advocacy Program of Baltimore

For questions contact:

Brenda Campbell

Director of Training and Vocational Services

New Pathways, Inc.

540 East Belvedere Avenue

Belvedere Square, Suite 201

Baltimore, Md. 21212

(410) 464-2600

(410) 464-2687 (fax)

BACK RIVER WASTEWATER TREATMENT PLANT

Miss Echo G. Hester

What is "wastewater"? Poopy water, dishwater, laundry water, and shower water are just a few examples of "wastewater". What happens to it when it is flushed and/or goes down the drain? In Baltimore City and Baltimore County wastewater travels through pipes to the Back River Wastewater Treatment Plant (BRWTP). When wastewater reaches the plant it is cleaned and recycled into useable products.

I had the opportunity to tour the 466-acre site and watch first hand how "Poop" is cleaned and recycled. Anthony was our tour guide. The process begins with a Preliminary Treatment where wastewater is sent through screens that remove solid waste that is flushed or carried through our drains. This includes cigarette butts, tampons, plastic stuff, etc. (Don't flush this stuff down the toilet anymore!). The solid waste products removed are then sent to a landfill. Next is "Primary Treatment" where the wastewater goes to sedimentary tanks where the wastewater is separated into sludge and clarified effluent (liquid). The sludge goes to solids processing which is a three-stage process: Thickening, Stabilization and Dewatering. Some of its recycled uses included fertilizer and land filling. The "clarified effluent" (liquid) goes to secondary treatment, Advanced Treatment (Tertiary), and a Final Treatment. The liquid is then put in the Back River. Some is piped to Bethlehem Steel for use at their factory.

The tour of the plant included watching each process from beginning to end. The beginning stages smell pretty bad. As the tour progressed the smell got better. It takes a dedicated group of people to work at BRWTP.

There are also a lot of dedicated animals at BRWTP living at the Nature Reserve. Anthony was able to share with our group information about raccoons, foxes, birds, spiders and other wildlife living at BRWTP and their contribution to the site.

When you turn on your water facet, wash clothes, or flush your toilet, remember where the waste is going and that people will be cleaning up after you.

MARK YOUR CALENDAR

SAVE THE DATE

New Pathways Family Reunion



Saturday, August 25, 2007

At Druid Hill Park – Columbus Pavilion

Noon – 8:00 PM

Watch for further information

JOB'S AND THE ENVIRONMENT "HOW CAN I WORK TO HELP THE ENVIRONMENT"

By: Brenda S. Campbell

As we continue to use and overuse natural resources to meet our daily needs you may wonder how you can contribute to the conservation efforts. Listed below are a few ways that you can "work" to help the environment.

- Use Mass Transit – By using the bus, or metro to go to work you can save money on gas and not contribute to more noxious fumes being emitted into the air.
- Work for an "Eco-Friendly" company – Work for companies that recycle any and all recyclable materials. Does your employer recycle old printer cartridges, paper, computers, etc...? Do they sell products that will help with conserving energy?

You may be asking yourself what types of professions help the environment. Here are a few:

- **Marine Biologist** – These researchers are always looking for ways to utilize marine life to help produce solar energy. Do you know that sea algae is a main source of solar energy.
- **Detergent Manufacturers** – The makers of Tide and other detergents are constantly looking for ways to decrease how many chemicals and by products (plastics) we use when we wash our clothes. Have you noticed the detergent bottles getting smaller and smaller and the term "Ultra Strength" being used a lot lately? They are trying to help us to use less and get more.
- **Homebuilders** – Many contractors are building homes that utilize natural sources of energy. Homebuilders are using better insulation and creating new light sources so that consumers will not have to deal with the rising cost of oil and electricity. The plus for homebuilders is that these types of homes are called "luxury" homes and they are able to charge more for these "eco-friendly" houses.
- **Clothing Designer** – Clothing designers are always looking for ways to utilize specialized fabrics that can decrease the use of natural resources. Fabrics like rayon, and polyester were created so that we could decrease the use of natural fabrics such as silk, wool, or cotton.
- **Housecleaner/Maid Service** – Decreasing the amount of dust and dust-mites in homes has become a major concern. Many people suffer from allergies and diseases that contribute to asthma and other respiratory illnesses. Believe it or not people are hiring maid services to keep homes free of dust so that people will not become sick.

- **Farmer or Food Manufacturers** – With the ever increasing need for more organic products farmers and food manufacturers are working hard to create foods that are free of pesticides. Pesticides can harm us internally and harm the environment.

These are just a few professions that are focusing on the environment. If preserving our environmental resources is a passion of yours feel free to look up these professions and research jobs in these areas.

Today's Youth Carry the Cost of Global Warming

By Jeff Lambert

Adapted from Scotsman News

Since Earth Day is recognized during the month of April, this is a good time to report on the status of global warming and the cost it will have both economically and environmentally. Today's youth will carry that burden of cost in future years.

A United Nations panel of scientists will issue a report this week that the next 50 years will see increasing poverty, a lack of drinking water, melting glaciers and a host of vanishing species unless action is taken to tackle climate change. The warning will be part of the latest report, to be released on Friday, from the Intergovernmental Panel on Climate Change, a body of more than 2,000 international scientists assessing global warming. The report will also address what it terms as a "climate divide," as wealthy nations far from the equator will experience fewer effects of climate change. The report states that, for the rest of the world, destructive patterns seen in the last decade will accelerate in the next 40 years.

The scientists claim the warnings are clear. Storms and floods have become more severe, coastlines have eroded and deserts have expanded, and tropical diseases have spread. In the northern hemisphere, spring is coming earlier, disrupting bird migrations and causing flowers and trees to bloom too early. Within 25 years, hunger and death from diarrhea will threaten poor countries. Worldwide, 200 million people could become refugees due to drought and flooding.

The report states that, later this century, warmer seas may destroy coral reefs and fish feeding on them, and may lead to the poisoning of shellfish. Cities on the coast and in river basins may be hit by flooding, and fresh water supplies could be polluted with salt water from sea surges.

Small islands will probably be submerged by rising sea levels. Meanwhile, forest and wild fires will become more widespread.

However, the scientists say not all of these dire consequences are inevitable. They will issue a report next month that will outline possible ways to slow the effects of global warming.

FINANCIAL TIP OF THE MONTH



Dear Penny bank:

What can I do financially to help the environment?

Want to Help

Dear Want to Help:

LOTS! Spend your money on savings accounts, bonds, things you will have for a long time, etc. instead of stuff you will use and then throw out. The less money you spend on disposable (throw away) items the less trash there is (and the less stuff manufactures have to make).

When you go to the store, think about what you are buying and the effect it will have on the environment.

For Example:

- If you buy a loaf of bread (\$1.00), a jar of peanut butter (\$2.50), a package of cookies (\$3.00), and a box of sandwich bags (\$1.50), you can make about nine lunches/snacks (\$8.00). Compare that cost to nine packages of pre-made lunches (9 x \$4.00 = \$36.00). Then compare the quantity of food for each, the cost of each lunch/snack, and how much trash will go into the trash can. Making it yourself is more environmentally friendly.
- Refill your water bottles at home and take them with you. There are 128 ounces in a gallon. The average water bottle holds 16 ounces and costs about \$1.29 at the market (before taxes). Eight bottles of water equal one gallon of water. This would be approximately \$10.32 (before taxes). The water you purchase at the market costs more than three times the cost of a gallon of gas today. **You can substitute the coffee you buy, soda, or juice at the market and the numbers will be fairly close. Environmentally, if you carry your own beverage, you will save money and help the environment by not contributing more trash to the incinerators and landfills.
- Don't buy things you know you don't need or want. Dollar stores offer many wonderful "impulse items" (stuff that is cool to buy, but when you get home, if you don't really like it you don't feel guilty about throwing it out because it was so cheap) that are filling up our landfills and incinerators. Buy items that will last a long time and mean something six months from purchase.
- When you purchase fresh fruit and vegetables, read the label at the grocery store and know where it is coming from. When you buy fruit from South America, you are contributing to environmental pollution (the fruit has to get here somehow and airplanes have exhaust fumes when they fly and ships contribute to all kinds of ocean pollution). Consider buying fruits and vegetables that are grown locally.
- Heat and air conditioning contribute to pollution. Natural resources are being used to manufacture these items. Use them wisely.

Saving your hard earned money helps the environment by not adding to pollution. If you have any more questions, write and let us know.

Penny Bank

Do you have a question or problem about bill paying, saving money, budgeting or other money related question? If so, please send your questions to Penny Bank NP News c/o Main Office (this can be done via your case manager or other staff member) and we will be happy to answer your question in the next issue. Answers to Penny Bank will be kept simple.

PARENTING Q & A – April



Mrs. Beth Bitler

Q: I'm a single mom, and I just met a new guy. How can I keep a good relationship with both my child and my boyfriend?

A: It's good that you are thinking ahead on this one – many parents don't consider the effect that a new relationship has on their children. Think about the following things when you are involved with someone new:

Have your priorities straight. Keep your hormones under control when making decisions. Maybe it's more important for you to be at your child's school play than away for the weekend with your boyfriend.

Nobody loves a parade. Don't introduce your kids to every guy you meet. Wait until you're secure in the relationship before you let your kids see someone as "Mommy's boyfriend." Have a reliable sitter lined up so you don't end up bringing children along before you're ready.

Don't ask too much too soon. Don't make the new guy your parenting partner right away. For example, don't ask him to discipline your child or pick up your baby from day care just because it's on his way.

Know the signs of trouble. They say "love is blind" but blindness can be dangerous. Watch for signs that your new partner is trouble: he could be abusive, involved with drugs or alcohol, have money problems, or be a sexual predator of children. Don't kid yourself – you can't change anyone and his trouble will become your trouble.

Nothing but the truth. It's good to be discreet and careful when you are with a new man, but it's not okay to do things you wouldn't want your child to do as a young adult. If you can't explain to your child (in an age-appropriate manner) why you are doing what you are doing, don't do it. Behave as you want your kids to when they are your age.

Don't give in to pressure. Decide what kind of relationship you want to have with the new man, and don't let him, your kids, your family, your friends, or anyone else pressure you into doing something that's not right for you.

Leave when it's time. One of the more stressful times in a single mother's life is splitting up with someone her kids care about. Change and loss are part of life, things everyone has to deal with. Don't stay in a bad relationship just because your kids like him.

Expect your child to act out. Sometimes kids act out around a new man, because they are used to having Mommy to themselves. Acknowledge and accept kids' feelings. Say, "I love you as much as ever, but sometimes I'm not here when you want me to be. I like to spend time with my friends, just like you do." Don't let your kids control you—or try and force them to like the guy, either.

APRIL MOVIE PICKS

(Yes they are movies about the Environment)

Ericka Morgan

THE DAY AFTER TOMORROW

"The Day After Tomorrow", starring Dennis Quaid, Jake Gyllenhaal, Kenneth Welsh and Sela Ward, isn't satisfying in every way, but in the ways that really matter, its one superior disaster movie. It depicts the sudden onset of a new ice age with expertly constructed action sequences and special effects that are nothing less than awe-inspiring. The spectacle, which is colossal and at times staggering to behold, begins within two minutes of the fade-in and keeps coming until the finish. I thought I'd seen it all. I hadn't. On the downside, some of the dialogue is corny. Also, the movie's politics will create some controversy, but it will make you ask serious questions about global-warming and what we can do to correct what's wrong in our environment.

OVER THE HEDGE

"Over the Hedge" is one of the few comic strips in which you will find debates about the Theory of Relativity, population control and global warming. None of those issues are much discussed in the new animated feature inspired by the strip, but there is a great deal about suburbia, junk food and the popularity of the SUV. This movie focuses on the ecological evils of urban sprawl. "Over the Hedge" presents a bunch of hibernating critters waking up to find a massive hedge sprung up in their forest. It's a most alluring green, and stretches on infinitely. Eventually, the critters wind up squaring off against a hideous real-estate obsessive and the pest-control expert she hires to annihilate them. It's a story of survival in the face of extinction and over-consumption. This is a good movie to watch with your child.



LETTERS TO MR. BOB

Mr. Bob:

I always start out strong when the new semester begins, but it's about this time when I lose my focus.

Frustrated

Dear Frustrated:

It seems to me that if you stay organized and use your support systems you can avoid this phase. If you don't know who to turn to use your case manager or other support person to help you stay focused. Good luck.

Mr. Bob

Do you have a problem or question and don't know where to turn for an answer? Send your problem or question to the NP News Desk at the main office. We will respond in the next issue of the NP News. All submissions will be discrete and no names will be published.

THE RECIPE CORNER

HARD BOILED EGGS



8-12 Eggs
Large Pot with Lid

- Put eggs in large pot and fill pot with cold water until water is about one inch above the eggs.
- Place pot over high heat until water is boiling. Immediately turn off heat and cover pot with lid.
- Let eggs sit and rest for 10 minutes (no more than 12 minutes).
- Carefully pour off hot water and rinse eggs with very cold water (this stops the cooking and makes the eggs easier to peel)
- You can now peel and eat the eggs or
- Store in refrigerator until you are ready to use them

Hard boiled eggs are a staple that can be used in many ways.

Egg Salad: Chop hard boiled eggs, celery, onions, mayonnaise, and add mustard, Worcestershire Sauce, salt and pepper to taste. This is great over lettuce or between two slices of bread.

Deviled Eggs: Slice hard boiled eggs in half, remove yolk (yellow center) into a bowl, and place the white half of the egg on a plate. Mash the yolks and add a little mustard, mayonnaise, dry mustard, (optional salt & pepper), and a few drops of Worcestershire sauce. Fill the whites with the yolk mixture and enjoy.

Hard Boiled eggs can also be eaten plain or sliced and put on top salads for decoration or decorated for Easter.

NP NEWS SUDOKU APRIL 2007

6				1		2	
1		8		7			
						4	3
				4	7	5	
		4			2		
	6	1	5				
3	7						
			3		9		1
	1			6			5

Fill in the grid so that every row, every column, and every 3 x 3 box contains the digits 1 through 9.

NP NEWS APRIL 2007

E S L U P M I E G G S R T P N
 R S C I R B A F L Y C E E R D
 V E T M O N E Y O A L T V E M
 L N E N F Z B I B D I A I S L
 A R O F E Y R N A H M W T E F
 S E E I S M A F L T A E C R U
 S M Y L S T N D W R T T U V R
 O R F W I S N O A A E S R I N
 L A S O O O A E R E D A T N A
 O F N U N Y B P M I R W S G C
 C S R E S C O G I T V B E H E
 M I G R A T I O N S A N D S S
 T E R T I A R Y G Q L E E A Z
 S E C N E U Q E S N O C R R L
 E C O F R I E N D L Y F G T Y

BOILER	BREAD
CLIMATE	COLOSSAL
CONSEQUENCES	DESTRUCTIVE
EARTHDAY	ECOFRIENDLY
EGGS	ENVIRONMENT
FABRICS	FARMER
FURNACES	GLOBALWARMING
IMPULSE	MIGRATIONS
MONEY	NATIONS
PASSION	PRESERVING
PROFESSIONS	REEFS
RESCO	TERTIARY
TRASH	TREATMENT
WASTE	WASTEWATER
WATER	

**Still want to search for words?
 Find the list of words in the NP News and circle them
 for an additional Word Search Challenge**


**CALENDAR OF EVENTS & HOLIDAYS
 April 2007**

- 4/6/2007 Good Friday
- 4/8/2007 Easter
- 4/12/2007 All Client Meeting & Movie Night
- 4/14/2007 Men's Group-Basketball-Youth In Transition School Gym
- 4/15/2007 INCOME TAXES DUE
- 4/15/2007 Holocaust Remembrance Day
- 4/18/2007 Men's Group Meeting @ Reisterstown
- 4/21/2007 Men's Group-Basketball-Youth In Transition School Gym



- 4/22/2007 EARTH DAY
- 4/25/2007 Administrative Professionals Day
- 8/25/2007 New Pathways Family Reunion
- **ALL DATES SUBJECT TO CHANGE

**TAX RETURNS FYI
 DON'T FORGET TO FILE
 YOUR INCOME TAXES
 BY APRIL 15**


New Pathways Inc.
Independent Living Programs for Maryland's Youth
Mission
 New Pathways is committed to the development of self-sufficiency in young adults. We prepare youth to become empowered, educated, and economically independent adults, who are able to meet the daily challenges of life and make positive contributions to the community.

NP News Staff
Echo G. Hester - Jeff Lambert – Carey Andrews
 The New Pathways News is a monthly publication for staff and clients. Any client or staff member may submit articles, stories, poetry, etc. for publication. Articles must be submitted by the third Friday of the month for the next month edition.
 A special thank you to all clients and staff who have made the NP News possible.



New Pathways, Inc.
540 E. Belvedere Avenue
Belvedere Square Suite 201
Baltimore, MD 21212
Phone 410-464-2600 Fax: 410-464-2687

- Staff
- Kevin Keegan, Executive Director
 - Jeffrey Lambert, Associate Director
 - Lois M. Peach, Financial Director
 - Echo G. Hester, Administrative Assistant
 - Angel Lyles, Secretary
 - Barry Smith, Safety & Operations Coordinator
 - James G. Sutton, Jr.-Facility Manager
 - Angela Womack – Housekeeper
 - Brenda Campbell, Dir of Training & Voc Svs.
 - Jamal Evans, Life Skills Trainer
 - Tom Mumaw, Mentoring Coordinator
 - Independence Plus
 - Jennifer Johnson Pettis, Program Director
 - Adia Crawford, Case Manager
 - Carey Andrews, Case Manager
 - Ericka Morgan, Case Manager
 - Thadges Boone, Intern Case Manager/LSC
 - Levern Williams, Coordinator of Res Life
 - Vonzell Barker, Life Skills Counselor
 - Kenneth Barnes, Life Skills Counselor
 - Karen Brown, Sr. Life Skills Counselor
 - Jasmine Cryor, Life Skills Counselor
 - Cornell Dews, Life Skills Counselor
 - Kelly Ellerbe, Life Skills Counselor
 - George Hairston, Life Skills Counselor
 - Yolanda Hawkes, Life Skills Counselor
 - Sharnett Kelly, Life Skills Counselor
 - James Richard Jr, Life Skills Counselor
 - James Sippio, Sr. Life Skills Counselor
 - Christopher Sutton, Life Skills Counselor
 - Gloria Taylor, Life Skills Counselor
 - Daphney Williams, Life Skills Counselor
 - Deborah Young, Life Skills Counselor
 - Second Generations
 - Laura Fertig, Program Director
 - Makda Belay, 2G Life Skills Counselor
 - Beth Bitler, Parenting Trainer
 - Tonya Cook, Life Skills Counselor
 - Judith Dukes, 2G Life Skills Counselor
 - Deanna Murray, Life Skills Counselor
 - Brenda Phelps, 2G Sr. Life Skills Counselor