

## Congratulations

Congratulations to Keyia for completing her certificate at BCCC as a surgical technician!!!!

### WOMEN WHO CHANGED THE WORLD

Miss Tifani Davids

In honoring the Girl Scouts 93<sup>rd</sup> Birthday from their first USA meeting in Savannah, Georgia, March 12, 1912, take notice of the long journey of Women's empowerment throughout history. It has been acknowledged for thousands of years how great and powerful our brothers, fathers, uncles, cousins, and neighbors in this country have provided, and protected us. We honor them every day, every month, and every year for their remarkable accomplishments that have made our country, and our lives what they are today. How soon do we forget, or maybe we are just not as educated as we should be, the great and powerful women who have also changed our lives forever. Throughout the years women have proved to be just as smart, bold, brave, and powerful as our men. Not to take away from all the great men in our lives, but if we could just take a look at some special women, if without them, we may not have made the journey to freedom, intelligence, independence, equality, and endless possibility.

#### *Melba Pattillo:*

*Fought for Integration of Public Schools*

Although the United States Supreme Court ruled segregation in schools illegal May 17, 1954, Melba was attending an all black school in Little Rock Arkansas. Higher education for African-

Americans was not as it was for white students. Great teachers taught students in an unheated building, studying from worn out books. A fair education was far from fair. Melba saw no reason why, just because of the color of her skin, she could not obtain the same advantages in education as her white peers. In 1957 she became one of nine African-American teenagers to volunteer to attend a then all white school, Central High, in Little Rock. In September 1955, at the age of fifteen, Melba enrolled in the all white Central High. The first couple weeks of attending her new school were a nightmare. Daily threats of hanging, beatings, getting acid thrown in her face from the other students were just some of the hardships she and the other nine students had to endure, while continuing to try to get an education. The violence got so out of hand, President Eisenhower sent out Troops to protect the children while in school. Though she did have some white friends in Central High, the other white students would threaten or beat up anyone who tried to befriend her. May 27, 1958 Ernie Green became the first African-American to graduate from Central High. Melba later goes on to finish high school living with a white family in California, attend College, and become a reporter for NBC-TV. Melba Pattillo has since written *Warrior's Don't Cry*, sharing her experience at Central High, and *White Is Just a State of Mind*, about her life in California in 1959.

#### *Oprah Winfrey:*

*Talk Show Host; Actress; Producer*

A national source of empowerment for women, and quite possibly one of the most remarkable women I can think of, Oprah has touched this world in so many ways. We can only imagine what life as a female would be today without this woman. I can almost guarantee, at least in America, if you ask any female on the street, even men, and you ask them who Oprah Winfrey is, they know. Currently having the Oprah Winfrey Show broadcast internationally in 111 countries around the world, this extraordinary woman started her career off at the young age of 19 at her High School in Nashville, TN. She soon became the youngest, and first African American to anchor news at Nashville's WTVF-TV,

which she later relocated to Baltimore WJZ-TV to report the 6 o'clock news, and in 1984 move to Chicago where she would co-host "*People are Talking*" an AM Chicago morning show. After only one year, the show would expand to the "*Oprah Winfrey Show*" and in 1986 her show would become the highest rated talk show in television history. Oprah became the third woman, (Lucille Ball and Mary Pickford), to own her own studio in 1988. Aside from her well-known status of Talk Show Host, she was much more than that. Oprah is a source of comfort, strength, and knowledge for all women. Her shows touch on important issues as well as acknowledging all women in existence. She has founded several charity programs to touch the world, such as, *Oprah Winfrey Foundation*, *Christmas Kindness in South Africa*, *Angel Network*, and even led the National Child Protection Act in 1991 to the U.S. Senate Judiciary Committee to provide a database of convicted child abusers, which ended in President Clinton's signing of the *Oprah Bill* on December 20, 1993. A large sum of Oprah's money, and 100% of donations received for her different charities, fund non-profit organizations such as youth centers, group homes, women's shelters, and assistance all over the country providing educational tools, clothing, gifts, and food. A true "Angel" in her own right, Oprah has touched, and made better, so many lives all around the world. To find out more information on Oprah Winfrey you can check out [www.oprah.com](http://www.oprah.com) also, to catch her outstanding performances on film check out "*The Color Purple*"(1985); "*Before Woman Had Wings*" (1997); "*There Are No Children Here*"(1993); and "*The Women of Brewster's Place*" (1989)

Everyday a miracle is born into this world. Who knows what that miracle will develop into, or whether or not the miracle will ever be seen. You may be that miracle. Take into your heart how lucky you are to live in this world today. Things you may take for granted, your multi-cultural circle of friends and classmates, the food on your plate, the roof over your head, your endless possibilities to have the choice, and the right to be wherever you want to be. Everyone can make a difference, whether it is big or small, change just one person or the whole world. Listen to your heart; follow what may burn inside you. If there is something that you don't like or agree with, take a stand, be the empowered woman you are that so many women, over hundreds, and thousands of years, have given you a helping hand to be. Never give up, and always believe, that you too could be one of the women that change history.

## THOUGHTS FROM Mr. Kevin

This month's topic is about great women in history, but I would like to talk about a local person who most of you have never heard of, but who has had an impact on your life nonetheless. Ms. Grace Turner, who sadly passed away 3 weeks ago, was the person in charge of licensing and monitoring all programs serving foster care youth in the State of Maryland. I was humbled to have been asked to say a few words at her funeral, and I would like to share with everyone why I feel that she was such a special person.



### Mrs. Grace Turner 1933-2005

When each person here goes through orientation, part of what we talk about is many of the changes we have made at New Pathways. I could go on for a while talking about them, but let's just mention the most significant change, that being the development of NICHAC. It would have been very easy for someone at the State to tell us that we could not do NICHAC because it was too risky, but Ms. Turner truly cares about people in foster care being successful, and she understood how important the real world experience is to the success. From the beginning, Ms. Turner supported me in the development of new ideas, and was willing to take some of the chances with me, knowing that both of our reputations could have been on the line for taking these chances. I have personally seen the benefit that NICHAC has presented to so many, and the success that has been experienced by everyone who has gone through it. She took me under her wing as a young new executive director, and helped me to see what it takes to help foster care youth to be successful. I owe a great deal of what people give me credit for to Grace, and I will never forget her for the friendship and guidance she gave me.

We all have Ms. Turner to thank for many things. Most of all, I ask everyone to keep her family in your prayers, and be thankful for this very special person who you probably never met, but certainly had a connection to even though you did not know it.

As always, please take care and be safe.

Mr. Kevin

**ONE WOMAN WHO CHANGED  
THE WORLD: NOBEL PRIZE  
WINNER DAW AUNG SAN SUU  
KYI**

By Jeff Lambert  
From Amnesty International  
Women's Action Council

This month, Amnesty International is honoring four women who changed the world. Following is the biography of one of these women.

Aung San Suu Kyi (pronounced Ong San Soo Chee) was born in 1945 in Rangoon, Burma (now Myanmar). In 1967, she graduated from Oxford University with B.A. in philosophy, politics, and economics. In 1972, she married Michael Aris, and they moved to Bhutan. They later returned to Britain where they had two sons.

In 1988, massive student pro-democracy demonstrations broke out in Burma in opposition to the military junta that ruled since 1962. Burmese troops react with extreme violence to stop the democracy demonstrations. In the wake of the massacre, Aung San Suu Kyi returned to Burma to lead an opposition movement. Grounded in a deep faith in her native Buddhism, Aung San Suu Kyi's message of "unity, discipline, and love" catches fire throughout the nation, and her National League for Democracy gains momentum. In June 1989, the Burmese junta places Aung San Suu Kyi and other democracy leaders under house arrest. This is the beginning of a period of confinement for her that has continued on and off to this day.

In 1990, under intense political pressure, the Burmese junta permits national elections. Despite pressure from the military, Aung San Suu Kyi's National League for Democracy captures nearly 80% of the seats of the electoral assembly. She becomes the first prime minister-elect in Burma since 1962. However, the military refuses to respect the elections, and they retain power under the "State Law and Order Restoration Council (SLORC)," which governs to this day. Burma becomes a human rights disaster area. Political dissidents are routinely imprisoned and tortured. Aung San Suu Kyi languishes under house arrest, but continues to speak out. Neighbors reportedly heard her playing piano early in her house arrest; however it is believed that she was later forced to sell the piano to buy food.

By 1991, she had become the national symbol of the nation's beleaguered democracy movement. She counsels patience, non-violence, and

persistence. On October 14, 1991, the Nobel Committee announced Aung San Suu Kyi to be the winner of the Nobel Peace Prize. Her 18-year old son Alex Aris accepts it on her behalf because she is still under house arrest in Burma, now renamed Myanmar by the SLORC.

On March 27, 1999, Aung San Suu Kyi's husband Michael Aris died of cancer in London at the age of 53. He had not seen his wife since December 1995. By March 2005, Aung San Suu Kyi had been in prison or house arrest for 10 of the past 15 years. She is currently under house arrest. Vaclav Havel, who nominated her for the Nobel prize, said, "She has refused to be bribed into silence by permanent exile. Under house arrest, she has lived in truth. She is an outstanding example of the power of the powerless."

**HONORING SHIRLEY CHISHOLM**

By Jeff Lambert  
From Greenline

This month, the Green Party is honoring the memory of Shirley Chisholm, a brave and articulate soul who died in January at age 80. Shirley Chisholm was the first African-American woman to serve in Congress and the first woman to run for president, in 1972. She began her political career in 1964 with her election to the New York State Assembly. In 1968, she was elected against all odds to Brooklyn's 12th Congressional District, and she made it clear that she was "unbought and unbossed." She became a harsh critic of the Washington establishment and the first in a distinguished line of African-American congressional representatives who have stood up to oppressors. She wanted her presidential campaign to be a catalyst for change and to "make the other candidates start addressing the real issues."

During her years in Congress, Chisholm was an ardent proponent of civil and human rights, including women's rights. She delivered an incredibly eloquent speech when she introduced the proposal for the Equal Rights Amendment in 1969. Chisholm felt she had been the target of more discrimination based on her gender than for her race.

In 1982, she retired from Congress after serving seven terms, and returned to teaching. On leaving public service, Chisholm said that she did not want to go down in history as the first African-American congresswoman. "I'd like them to say that Shirley Chisholm had guts. That's how I'd like to be remembered."

For more about the life and career of Shirley Chisholm, as well as a transcript of her ERA speech, go to [www.truthout.org/docs\\_05/010405Z.shtml](http://www.truthout.org/docs_05/010405Z.shtml).

**QUALITY IMPROVEMENT CORNER  
TIME MANAGEMENT**

By: Charlene W.

Managing time is an important part of everyday life. This includes meeting deadlines and getting things done at a certain time. In order to manage time wisely, people need to organize activities and priorities according to the level of importance. The most important things should be at the top of the list. Once in a while, it is okay to get off track. However, when someone is consistently off track, it gets to be disturbing after a while. As a long-time client at New Pathways, it concerns me to know that the program's activities and life skills classes are seldom conducted on time. Even the most important activities are not conducted on time, such as job fairs. For example, if we are supposed to leave for an activity at 9:30 a.m., we usually do not leave until a half hour after that. I often joke about things starting on "New Pathways Time." It seems to me that people are not always organized, which may contribute to the reason why things are not started on time. I am a strong believer of accomplishing tasks and getting to a certain place in a timely manner. My hope is that some day, New Pathways will get its priorities straight as far as timing is concerned.

**Q.I. CORNER RESPONSE**

Jeff Lambert

We know that waiting for an activity or event to begin can be a frustrating thing for someone who is always prompt and on time. However, there are often many factors that occur that can delay the start of activities. Some of them are within our control and some are not. For example, we have had trips scheduled and the bus didn't show up on time. And there have been times when the bus showed up on time, but only a couple of clients were ready to go. At that point we have to decide whether to wait or leave. If we wait, it delays start of the activity, which is frustrating to you and others. If we leave, we'll be paying for fees for an activity where several clients didn't attend. So there's always a balance we have to achieve when it's time to start an activity.

**FINANCIAL TIP OF THE MONTH  
REMINDER!!!**

**Tax returns are due April 15,  
2005. Don't forget to file.**

**MOVIE REVIEW  
"Whale Rider"**

Jeff Lambert

I've been waiting a year to do a review of this movie, and since we're celebrating the month of the woman, this is a perfect time to do it. It's about a twelve-year-old Maori girl (Pacific Islander) who dreams of becoming the chief of her people in what is a beautiful ethnic, uplifting, and feminist story. But it's also a multi-layered story about the struggle of a traditional culture to survive in a world dominated by the trappings of modern Western society, and of a cultures relationship with the natural world.

The story is set in present day in New Zealand with the birth of twins, a boy and a girl. The mother and son die, and the girl, whose name is Pai, survives. Her father, whose name is Porourangi, is an artist who leaves New Zealand, and the girl is raised by her grandparents. Her grandfather, whose name is Koro, is the chief of these native people. Porourangi would be next in line to be chief, but he has no interest in returning home. Pai believes that she could be chief, but her grandfather opposes this idea because the chief is traditionally a man. He deeply hurts Pai by insisting that despite everything she has achieved, she is still only a girl.

The movie climaxes in an extraordinarily powerful way. There is one particular scene at a school event where Pai performs a composition in honor of her people. Her performance of this scene and her anticipation of her grandfather's reaction will make your eyes wet. The final sequence of scenes brings together all of the themes into an incredible ending that is magnificent and transcendent.

Whale Rider is not typical Hollywood vulgarity and stupidity. It was made by and stars indigenous Maori people in New Zealand. It was named the best movie at the Toronto and Sundance Film Festivals, and played to standing ovations. The young girl who played Pai was nominated for an Academy Award last year. Spend three bucks and rent the video. It's worth the time. I give it five stars out of five.

**HAPPY BIRTHDAY**

New Pathways wishes the following people a very Happy Birthday:  Chanel, Kimberly, Ms. Burgundi, Mr. Stanley, Ms. Pamela, Miss Echo, Mr. Jeff, Ms Lois, Mr. Sippio, and Ms Deborah ...congratulations!

## SPRING CLEANING

Mr. Barry Smith

As spring slowly approaches us, it's a time for transition. We must now start cleaning our apartments and wiping away this harsh winter. Windows should be wiped down; closets and clothing should be transformed from winter to spring. There are storage bins available to store winter clothes. Carpets will also be cleaned the first of May. Call your rental office to see if duct cleaning is available.

If the following things are taken into action, you will have a wonderful SPRING!



Please welcome Veronica and her 8 month old son, Kevin, to Second Generations.

## EASTER SPIRITUALITY

March 27 is the date designated as the first day of Spring/vernal equinox. Easter Sunday is celebrated on the first Sunday after the first full moon following March 21.

Easter is a convergence of the three traditions – Pagan, Hebrew and Christian. The Hebrew tradition celebrates the Jewish Passover commemorating Israel's deliverance from bondage in Egypt. Many Pagans celebrate the birth and death of Attis a virgin birth born of Phrygian the fertility goddess as a yearly celebration. The Christian Church recognizes the death-resurrection and exaltation of Jesus Christ, the Son of God. Wiccans and other modern-day Neopagans celebrate their holiday at the Spring Equinox.

## NP RECIPES OF THE MONTH

### HARD-BOILED EGGS

Miss Echo

Among their many properties, eggs contain iron and sulfur. Cooking combines these two properties chemically. Ferrrous sulfide is the gray-green ring around the outside of a cooked yolk and is produced as a result of overcooking and/or too high a temperature. To cook hard boiled eggs that will offer the sunniest of centers, cook eggs quickly and cool them quickly

12 Eggs (or as many as you want to cook) & Water

1. Place eggs in pan and add enough cold water to cover by 1 inch.
2. Cover and quickly bring to a boil; remove from heat.

3. Let stand in water for 15 minutes.
4. Rinse in cold water and place in ice water until completely cooled.

### DEVILED EGGS

Items Needed: (for 12 Deviled Eggs)

- 6 hard boiled Eggs (large)
- 3 tablespoons mayonnaise or salad dressing
- 1 teaspoon mustard (honey mustard is great!)
- ¼ teaspoon dry mustard
- ½ teaspoon Worcestershire Sauce
- salt & pepper to taste
- paprika (optional)

Remove shells from eggs, and halve lengthwise with a knife. Carefully remove the yolks, and place in a medium bowl.

Mash yolks with a fork, and add remaining ingredients. Very carefully spoon mixture back into the egg white halves. Garnish with a light sprinkling of paprika (optional).



### IRISH DESSERT: BLACKBERRY AND APPLE CRUMBLE

The oatmeal in the topping makes this traditional hot pudding crunchy and delicious.

- 2 pounds cooking apples
- 1 pound blackberries (you can substitute raisins)
- 2 tablespoons water
- ¾ cup granulated sugar
- 8 tablespoons (1 stick) butter
- 1 cup whole wheat flour
- 2/3 cup oatmeal
- ¼ cup brown sugar

Preheat oven to 400 degrees:

Peel, core, and slice apples. Place apples, water, blackberries, and sugar into a shallow oven safe dish, about 4- quarts.

To make crumble topping, rub the butter into the flour, then add oatmeal and brown sugar and continue to rub in until the mixture begins to stick together, like big crumbs. Use to cover fruit, packing down lightly. Bake in oven at 400 degrees for 15 minutes, and then reduce heat to 375 degrees and cook for another 15-20 minutes until cooked through and crunchy brown on top. Serve hot with whipped cream or ice cream.

Serves 6-8

**ATTENTION ALL CLIENTS  
NP NEWS CONTEST**

Complete this coupon and return it to the main office for a drawing on Friday, March 25, at 12:00 pm. Only one entry per client. Coupon may be mailed to the main office Attention: NP News, given to your Case Manager or hand delivered to the main office.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

What article/articles did you like best in this issue of the NP News – Be specific

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**CALENDAR OF EVENTS  
MARCH 2005**

3/1/05 LST Personal Hygiene – Mr. Jamal – 6 pm Main Office  
 3/2/05 LST Money Management – Mr. Jamal – 6 pm Main Office  
 3/3/05 LST Employment – Ms. Tia – 11 am Main Office  
 3/3/05 LST Emergency 7 Safety I – Ms. Tiffani – 6 pm Walker Manor  
 3/7/05 Men's Group – Mr. Arnold – 6 pm Walker Manor  
 3/8/05 LST New Client Training – Mr. Jamal – 6 pm Main Office  
 3/8/05 LST Housing/Transportation – Ms. Daphney – 6 pm Walker Manor  
 3/9/05 LST Legal Services – Ms. Tiffani – 6 pm Walker Manor  
 3/10/05 LST Employment – Mr. Sippio – 6 pm Reisterstown  
 3/15/05 LST Employment – Mr. Jamal – 6 pm Main Office  
 3/15/05 LST Cooking Class – Ms. Daphney – 6 pm Walker Manor  
 3/16/05 LST Employment: Interview – Mr. Jamal – 6 pm Main Office  
 3/16/05 LST Cooking Class – Ms. Tonya/Mr. Arnold – 6 pm Reisterstown  
 3/17/05 SAINT PATRICK'S DAY  
 3/17/05 LST Employment – Ms. Tia – 11 am Main Office

3/17/05 LST Reisterstown All Client Meeting 6 pm  
 3/20/05 Palm Sunday – Spring Begins  
 3/21/05 Men's Group – Mr. Arnold – 6 pm Reisterstown  
 3/22/05 LST Employment – Mr. Jamal – 6 pm Main Office  
 3/22/05 LST Cooking class – Ms. Tifani – 6 pm Walker Manor  
 3/23/05 LST Personal Hygiene – Ms. Na'Imah – 6 pm Main Office  
 3/24/05 LST Housing/Transportation – Ms. Tonya/Mr. Arnold – 6 pm Reisterstown  
 3/27/05 Easter  
 3/29/05 LST Alcohol & Drug – Ms. Tiffani – 6 pm Walker Manor  
 3/30/05 LST Cooking Class – Mr. Arnold/Ms. Tonya – 6 pm Reisterstown  
 3/30/05 LST Conflict Resolution – Ms. Jodi – 6 pm Main Office  
 3/31/05 LST Employment – Ms. Tia – 11:00 am Main Office  
 4/3/05 DAYLIGHT SAVINGS TIME BEGINS

**NOTE FROM THE EDITOR  
Miss Echo G. Hester**

The New Pathways News is a monthly publication for staff and clients. Any client or staff member may submit articles, stories, poetry, etc. for publication. Articles must be submitted by the third Friday of the month for the next month edition. A special thank you to all clients and staff who have made this possible.



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