



## THOUGHTS FROM MR. MARK

I want to wish everyone a happy, healthy and peaceful new year. I was so pleased to see so many current and former clients at our holiday party. It was really nice to have some time to talk to clients about their struggles and their successes. I am so impressed that despite the tremendous struggles and disappointments you have had in your lives you keep on going and keep trying to do better. The lessons you learn from the challenges you face and overcome are what makes you stronger.

Set some realistic goals for yourself for the New Year and try and push yourself to achieve them. Do not give up or give in, you can do better if you really put in the effort. The race is only won by the ones who get to the finish line.

Please have a safe and successful New Year.

## LOST IN THE SAUCE Raymond Cuffee

As I sit and gaze at the stars, I often wonder do we hear the cries of our youth. Its puzzling to me because when we look a young person today do we really understand their joys, their pains, or even their world. Everything to them is chop chop chop paced and no holds barred boundaries. The world has moved full steam ahead, but at what cost? We have an era of modern technology, Y2K, as it was named 10 years ago. But if you pay attention to time and history, you will see that it is nothing but a mirror image of a revolving door, with the space age technology taking over good childhood and adolescent growth. No more hands on development, just game systems and the internet.

Now watch, the skills in that game or surfing that social network becomes outstanding, while the educational and personal development becomes secondary. Where is youth citizenship, youth involvement in schools, other than sports, youth clubs, and etc? Basically, the way known to us that propelled us from youths to adults, has gone out the window.

Hello to, "It Is What It Is, and I'm doing me." There is no more gratitude, just attitude. No more respect, just disrespect. No more love, just feelings of whatever.

Now we know this as unhealthy living, but they know this as living their lives. Hmm, how do we combat this? We don't, we encourage the energy into a positive force of empowerment as we attempt to help wipe away the sauce.

## THANKSGIVING AT GOLDEN CORRAL Karen Brown

The Thanksgiving luncheon was simply marvelous. It was a good turnout of staff and clients. We arrived at Golden Corral and were delighted that we didn't have a long line to wait in. We had our own little isolated dining area. Everyone was so courteous to each other. I loved the way 2nd G clients and staff were assisting each other with their children. One watched while the other went to get food. Everyone was in a pleasant mood. They had a very tasty variety of food. The laughter and unity were priceless. I was grateful to be a part of this Thanksgiving celebration. Thanks for another great event!!!!

## HOLIDAY PARTY Jennifer J. Pettis

I had a blast at the holiday party this year! I thought we had a great turnout from our current clients, and I saw many alumni whom I haven't seen in years! There were even two young ladies there (not naming any names) who are turning 30 pretty soon!! (That did make me feel kinda old....) All the little children enjoyed meeting Santa and dancing up a storm. I loved the "Single Ladies" dance, too! The food was yummy and the atmosphere at The Forum was pleasant. It was a thoroughly enjoyable evening. Thank you, Ms. Angel, for putting it all together!!

## IT AIN'T EASY BEING GREEN- Employment Edition



Aaron Milton & Ericka Morgan

16+ inches of snow, 25 degree weather, and heavier than usual traffic. By golly, what does all this mean? It's the holiday season! It also means pressure on the bank account and wallet. All of us need a little green to support ourselves, live comfortably (during and after the holiday season), and save money for our futures. How do we do this, you ask? You got it! With employment.

Unfortunately the employment outlook this last year has been bleak due to the recession of our economy, which has made us curb our spending habits and has put a crunch on the job market. Not only has this been to the detriment of more seasoned workers, it has also effected less experienced young adults. When looking for employment and you are newer to the

market, **remember that your first employment experience will most likely be a job.** More seasoned workers often look for careers while less experienced young adults look for jobs, which usually require less experience. People often confuse the two, which can hinder their search and ability to obtain employment. So what's the difference between a career and a job?

### **Job**

Simply put, a job pays the bills and puts "the coins" in your pocket. A job is not necessarily meant to provide personal fulfillment; it is meant to ensure you have enough money to survive and maintain a reasonable lifestyle. By no means are we saying you should hate your job, but know it is a means to an end. That end is making yourself available for training and education so that you can transition more effectively to a career or a profession to find more enjoyment. A job can act as a vehicle to gain experience and to practice professional behaviors.

### **Career**

Now a career is a bit different in that you often must be well trained and knowledgeable in a certain area in order to be successful. To obtain this type of employment, experience is often needed in the form of academic education, vocational training, or multiple years in a "job." A career should be satisfying and should make you happy, while this is not particularly necessary with a job.

So what happens if you find yourself in a career that you no longer find enjoyable? Then you find another position or enroll in training for something different. Similar to a job, you are allowed to change careers as many times as you want which is often needed to develop a varied and "happy" career record.

Here are a few other things to consider when exploring the job market:

#### **1. You are not your job.**

As mentioned before, a job can simply be a means to an end (**food + shelter = \$**). Just because you work in maintenance or food service, it does not mean you have to continue to do so. Some people enjoy food service and some people enjoy maintenance. However, if you do not, use your disdain for your job to motivate you to work toward a more rewarding career.

#### **2. Expect you may not get the pay you want for the job you need.**

No one wants to hear this (ever) but sometimes you have to accept jobs that you don't love and accept some pay that you do not want. It is unrealistic to think you are going to make \$10 an hour in your first job. It is usually unrealistic to think you are going to make \$8 in your first job. This is why it is important to start working as soon as you can so that you can get more work experience to apply and be hired for a greater amount of jobs with better pay.

#### **3. Preparation and dedication are needed to secure AND maintain employment.**

Anyone can put on a suit and tie, use proper salutations, and smile in an interview. However, if you secure the job, good work ethic and a good attitude are needed to keep it. We can sometimes let our dislike of a job or a bad day get in the way of doing our jobs properly, which can become a habit if it happens too often. Remember that even if your job (or your career for that matter) are not something you want to do forever, the effort you put into it is a reflection of you. You don't have to love a job to act like you do.

Continue getting trainings and pursuing education when the opportunities are available, continue exploring your personal interests and desires for your future, and continue pushing yourself to be the best person you can be. Best wishes in 2010 and always!



### **EDUCATION ALERT Brenda S. Campbell**

Spring 2010 Semester is coming and it is time to get ready for the upcoming semester. Have you done the following?

- Confirmed your 2009/2010 and 2010/2011 Financial Aid (see note below)
- Completed your school applications and received an acceptance letter
- Visited the school you are going to attend
- Confirmed the Open House or Orientation Date
- Scheduled to take SAT test
- Taken your Accuplacer Test
- Pre-Registered for classes
- Completed your ETV application on-line
- Established an education plan that you are currently pursuing or will be pursuing soon
- Met with Miss Brenda for a vocational counseling session

If you answer NO to any of the above questions you need to meet with Miss Brenda Campbell at the Main Office to establish an educational plan. Miss Brenda can be reached daily at the Main Office (410) 464-2600 ext. 110. Call anytime to schedule an appointment.

### **FINANCIAL AID ALERT IT IS IMPORTANT THAT EVERYONE RENEWS OR COMPLETES THEIR 2010/2011 FINANCIAL AID BY MARCH 1, 2010.**

Start calling Miss Brenda Campbell on January 4, 2010 to schedule an appointment so that you can receive assistance.

If you do not complete your 2010/2011 financial aid by the due date you will not qualify to receive the Tuition Waiver for Foster Care Youth and the ETV (Education Training Voucher).



## WHAT JOBS DID YOU HAVE?

Often young people get tired of hearing “you need to get a job”, “you need to get an education”. What young people don’t realize until after they turn 21 is the experience they missed out on. Getting a job is just like going to school except you get paid for it. You learn professional skills, how different industries work, and life skills. While you are at New Pathways, you have the opportunity to work and try different professions and not have to support yourself. You don’t have this luxury when you turn 21 and have to pay your own bills.

We asked staff to volunteer information about jobs they had when they were 16-21 and how the skills they learned affect their lives today.

When I was 15 years old I worked at a deli restaurant called Henry & Jeff's on Charles St. My brother's girl friend at that time hired me. Because I knew my brother's girlfriend personally especially since she was the mother of my niece, she wasn't supposed to hire me but she took a chance; therefore, I chose to work harder than anyone so that no one could accuse me of being favored. From this I learned the importance of separating relationship from business. I learned at an early age the meaning of the saying, "It's not personal, just business." I kept this job for 3 years.

After leaving Henry & Jeff's I worked at Mc Donald's for only 9 months. I absolutely hated working at this job. The shifts weren't accommodating to my life's schedule, the managers didn't care, and I felt as I never had personal time to spare to go to the movies, out to eat or just have fun. But still even with hating this job there was a lesson I learned that I still till this day unitize. That lesson is, "Never leave a job without having another job to back you up." When I left Mc Donald's to work at Care First Blue Cross Blue Shield, Mc Donald's actually gave me an excellent reference.

I was extremely surprised but then again why should I have been. The manager said, "She's a very positive young lady. Always came to work on time and when we needed her. She knew when to be a team player and or work independently." This job taught me endurance pays off in the end.

Sharnett Kelly  
Life Skills Specialist

Just like babies learning to crawl and then to walk and then to run, one skill builds on another. When I was a young teen, I earned money by babysitting in my neighborhood. Babysitting (and I looked after some awful little monsters) taught me practical childcare skills, but also things like responsibility and how to plan activities for children. Parents don’t want to hire babysitters that leave a mess or arrive late, so babysitting helped me learn basic job skills like showing up on time and cleaning up after myself and the children. A few years later, I used the skills I learned babysitting to get a job as a camp counselor. Camp counselors plan activities, teach crafts, make sure kids stay out of trouble, and clean up at the end of the day –

all things I had already practiced as a babysitter, but camp counselors get paid more! When I got to college I had lots of part time jobs, but I also applied to be a Resident Assistant. Not only did I get paid, but at a lot of schools a Resident Assistant (RA) can live in the school dorm for FREE. As an RA, I planned activities for the other students, like trips or movie night, and made sure that everyone was being safe and following rules, just like when I was a camp counselor and a babysitter. However, a new skill that I learned as an RA was how to talk to other youth about their problems. College is stressful, and so is life, and a lot of times the other students in the dorm would come to me first when they were upset or needed help. It was my job to suggest resources to support them, like academic advising or the counseling center.

As a young adult, there are many career opportunities for you. When I graduated college, the skills I had practiced for so many years were useful for many things – teaching, childcare, cleaning, customer service, OMG! But what I really liked about being an RA was listening to others and helping them solve problems. It seemed like Social Work was a good fit for me, but I still wasn’t sure, so I took a year off school and worked as a Life Skills counselor for an adult program. I enjoyed the work but I wanted more skills to help people, so I applied for a Master’s Degree program in Social Work. And here I am, many years later, listening to youth and talking to them about their lives, teaching classes, and making sure clients follow the rules. New Pathways is not babysitting, but I was first exposed to the skills I need now when I was a just a kid reading *Cat in the Hat* to toddlers.

Don’t underestimate your ability! Every work experience you have (babysitting, fast food, cashier, retail, dog walker, cleaner, whatever) helps practice and build skills that employer’s value. Things like being on time, working with a team, keeping a neat workspace, teaching others how to do a task, being polite to customers and proving yourself trustworthy are important no matter what career interests you.

Sandra Keach Doyle, LGSW  
Case Manager

When I was between the ages of 16 and 21, I held only two jobs and they were summer jobs. When I was 16 and 17, I worked at the McDonalds in Ocean City. Then at the age of 18, I worked at Giants Food, but back then it was called Super Giant, doing Salad Bar prep work. After that it was off to college and I continued to work there during the off seasons while I was a freshman in college. Having those jobs taught me at an early age how to face different trials and errors in life, because growing up on the Eastern Shore back then was an experience in itself. I guess you could say the main thing that it taught me was how to communicate with others and that, **NO MATTER WHAT ANYONE TAUGHT OR SAID ABOUT ME, YOU WASN'T GOING TO BREAK MY WILL OR SPIRITS ON GOING TO THE NEXT LEVEL IN WHATEVER I CHOOSE TO DO.**

Raymond Cuffee  
Life Skills Counselor

I took a summer job when I was 18, working as an Electrician's Apprentice. I became a member of a union, The International Brotherhood of Electrical Workers. Work started at 6:00 sharp every morning. You were not allowed to sit down while you were working and the work was very hard and sometimes dangerous. Being the "young kid" on the job, I at first was assigned most of the dirty jobs. I was constantly being tested by the older electricians. Once they figured out I didn't complain and actually did a decent job, they began to teach me how to bend pipe and do electrical work. I ended up putting up all the lights in a massive parking garage in the old USF&G building in downtown Baltimore. I learned a lot about myself that summer. I learned about not giving up when the work is hard, that I could adapt to working with very different and sometimes difficult people. I learned that if you pass enough tests, people are willing to teach you really good skills you can use the rest of your life. In spite of the electricians making a really decent pay check, they all encouraged me to finish school, so I would have more options than they did.

Mark Mittelman, LCSW-C  
Executive Director

I would like to share that I've been working in the health field since the age of 18, throughout the years I've made several attempts to work other jobs but ended up right back where I started always helping others. So I now have accepted that this must be my calling.

Latonja White  
Life Skills Counselor

I spent my 14<sup>th</sup>, 15<sup>th</sup>, and 16<sup>th</sup> summers babysitting. I spent my 17<sup>th</sup> summer working at Noxell on the factory line. I wore steel toed men's boots, protective eyewear and work clothes. The hours were 7:00 am – 3:30 pm. 30 minutes lunch and two ten minute breaks, six days a week. I worked on the line packaging Cover Girl cosmetics and Noxzema. Working on the line involved doing repetitive work over and over. Each day I was assigned different lines to work on. The hourly pay was \$2.00. What I learned was how a production line operated. Each individual had a specific job and if that job was not completed correctly, the line could not run, the product was not manufactured, etc. Later in life, I use these skills when I have to learn and complete tasks/create instructions/write manuals, etc. (soup to nuts formula). In the evening I worked at The Stitchery as a sales clerk. This involved selling fabric, maintaining the cleanliness of the store, operating a cash register, processing credit cards, and sewing clothing for displays. This I did three – four nights a week. Again, I made \$2.00 an hour. I learned to sew at age 11 and working at The Stitchery also gave me a discount. I made contacts and was able to work and take in sewing on the side when I returned to school in the fall. I made and paid for all my own clothes back then. Today, I still take in sewing for extra pocket money. At 18 I worked in a High School work program and was employed by Southern Business Machines as a secretary/jack of all jobs, and learned how a sales firm worked: selling calculators, ordering calculators, ordering supplies, shipping supplies; accounts payable, accounts receivable, inventory control, servicing the machines (soup to

nuts for each task). Each job I have held over the years has been a building block to the next one. Trying different industries has given me opportunities you only read about in books.

Echo G. Hester  
Administrative Assistant

Looking back, I actually started my work life at the tender age of 14. My first job was a "footman" for a horse and carriage business. I assisted the owner in preparing the horse for each job, and held the horse while people climbed in and out of the carriage. We did a lot of weddings, taking the bride and groom from the church to the reception, and we even did carriage rides with Santa at Christmastime. It was lots of fun!

After that job, I worked as a waitress in a retirement home. Since we served the same folks for dinner every night, we learned their preferences and tried to make them comfortable and happy. Although I didn't make tips, that job did give me the necessary experience to get my next teenaged job as a waitress at Golden Corral. Back then, the salad bar was smaller and waitresses delivered lots of steaks to customers as well as refilled drinks. That job was good exercise and I loved taking home wads of cash each night! If you like serving people and have a good deal of patience, waitressing is a great job.

My last job before graduating from college was as a "building manager" for the Decker Center at Western Maryland College, which was the "hub" of the campus. Decker Center housed the President's office as well as the dining hall, pub, game room, post office, deans' offices, and the office of special events. There was also a large Forum where special events were held. I had the keys to everything in the building, and was responsible for making sure events ran smoothly. That was a fun job that kept me connected to many important people and events on campus.

You might have noticed a pattern in my early jobs...just like in my career as a Social Worker; I've always enjoyed helping and serving people. The only job I had as a teenager which didn't involve interactions with people was doing data entry for a medical billing company. While I was very efficient at that job, it never gave me the personal satisfaction that my other jobs did. In fact, it gave me headaches! It's important to find a job that you enjoy doing, and those early jobs can help direct you towards a career which you will love as much as I love my career as a Social Worker. Good luck, job hunters!!

Jennifer Pettis  
Program Director

Gino's to KFC...When I was 16 years old, I worked for Gino's Hamburgers & Fries. Then, KFC (Kentucky Fried Chicken) took over the stores and became famous for its chicken. Believe it or not, I started at \$1.60 an hour. I worked the register and took orders by myself. Nothing has changed for young people today. But I think I moved a little faster back then. Those were the days. Today, I work at a factory and for New Pathways. I'm not as fast but I do a great job.

Angela Womack  
Housekeeper



## LETTERS TO MRS. BOB

Hello Mrs. Bob,

I'd like to call myself Beat Down Soon. My room mate and I had a fantastic start. We would do everything together: shop, cook, clean, you name it we did it. Her friends became my friends and vice-versa. We have one difference and it's become a problem. I have a boyfriend and she doesn't. Lately I have noticed that when my boyfriend visits she has been wearing all kinds of provocative outfits, and being very flirtatious with him as well. I know we share alot of things but um my man is off limits!! I have been patient and even asked my boyfriend if he has some single buddies we could hook her up with? My room mate is a nice person, but I don't know what's gotten into her. I'm at my wits end, can you please give me some advice

Beat Down Soon

Hi Beat Down Soon,

I sure hope that name isn't the direction you're going for solving this problem. Well it sounds as if your roomie is having a little jealousy issue. That happens sometimes when you share alot of things. Some friends feel that when you're close to someone else the relationship the two of you have may be threatened. I suggest you have a heart to heart with her about what your friendship means to her. Next you need to discuss boundaries and be honest about how you feel about her behavior. Let her know it offends you when she flirts with your man, and wears clothing to seek his attention. Hopefully after speaking to her, there will be a change in her behavior. If not then you can visit him outside your apartment or have him visit when you are sure she's out for that day. One other suggestion is keeping your company in your room. I hope things work out, and please keep me updated.

Mrs. Bob

Do you have a problem or question and don't know where to turn for an answer? Send your problem or question to the NP News Desk at the main office. We will respond in the next issue of the NP News. All submissions will be discrete and no names will be published.

## Independent Living Programs for Maryland's Youth Mission

New Pathways is committed to the development of self-sufficiency in young adults. We prepare youth to become empowered, educated, and economically independent adults, who are able to meet the daily challenges of life and make positive contributions to the community.



## PARENTING

Ronele James

### Start the year off right...spend time with your children!

This New Year, let us remember that our children look to us for their joy. Let us not teach them that toys, treats and gifts are joy. Remember, children learn what we teach them, so let's teach them what is important. It is wonderful to shower our children with gifts but the material gifts soon fade. The gift of love is the best gift at all. Time with your child can be the best gift you can ever give.

Make food fun.....recipes to spend time!

### MAPLE BUTTER

2/3 cup maple syrup and  
1/2 cup butter (room temperature)

In a small saucepan, bring maple syrup to a boil and reduce by half, approximately 10 to 15 minutes. Remove from heat and let stand at room temperature. When cool, add the butter and stir until completely blended.

Place in refrigerator until firm. Makes 3/4 cup.

### PEANUT--BUTTER POKIES

- Liberate two egg whites from two eggs and slip them into a bowl.
- Mix with 1-1/2 cups of peanut butter and 1 cup white sugar.
- Drop by the teaspoonful onto a greased cookie sheet.
- Press gently with the tines of a fork.
- Bake 8 to 10 minutes at 350 degrees F.

Spending time creates memories that last forever!



## THE MEN'S GROUP

Raymond Cuffee

The Men's Group is up and running again. We just completed our initial outing to the Washington Wizards Game. We got to enjoy watching the Wizards get a rare victory over Bron Bron and the Cavs, as well as some great halftime entertainment. Stay tuned for the upcoming meetings and events.

**FINANCIAL TIP OF THE MONTH**



Dear Penny Bank:

I have worked at two jobs last year and Federal and State Taxes were taken out, but I didn't make much money. Do I have to file tax returns to get my money back?

Tax Questions

Dear Tax Questions:

If your money is important to you, file your taxes. To file tax returns you can go on the Internet at [www.irs.gov](http://www.irs.gov) for **FREE** Federal Filing instructions and forms and to MD State Government to get the Maryland tax forms and filing instructions. Or you can pick up tax forms from the Post Office or the Library. If you have any questions about filling out the forms, you can call IRS with tax questions 1-800-829-1040. Some of the colleges are also offering free tax preparation assistance. **NOTE:** There are tax preparation businesses/people out there that want a piece of your money. You may not think 25%-50% of your refund is important, but it may mean a cell phone bill, a BGE bill, or extra money in your savings account. Consider your filing options before giving away your money.

Happy refunding.

Penny Bank

Dear Penny Bank:

How can I improve my finances in 2010?

2010

Dear 2010:

There are three types of education needed to improve personal finances: Academic (High School Degree), Professional (College/Technical Education), and Financial (Seminars/School/Professional Advisors).

Academic is pretty self-explanatory – you need the basic skills of reading, writing and arithmetic.

Professional comes from working at jobs in different industries as well as learning a profession you are interested in. The more you know about an industry the better job you can get.

Financial comes from Life Skills Classes, seminars on money management, and talking to professional people who specialize in finances (this does not include your family and friends that have huge amounts of debt, do not own property, have no tax knowledge, etc.). The more money you can hold on to, the better financial position you will be in for the rest of your life.

Take a moment to evaluate who you are and where you are in your education. Then you can begin to improve your finances in 2010.

Penny Bank

Do you have a question or problem about bill paying, saving money, budgeting or other money related question? If so, please send your questions to Penny Bank NP News c/o Main Office (this can be done via your case manager or other staff member) and we will be happy to answer your question in the next issue. Answers to Penny Bank will be kept simple.

**UPCOMING EVENTS  
& HOLIDAYS CALENDAR**

- 1/1/2010 Happy New Year – Belvedere Square Office Closed
- 1/13/2010 All Client Meeting
- 1/18/2010 Martin Luther King Day – Belvedere Square Office Closed
- 1/21/2010 Women's Group Gathering
- 2/15/2009 Presidents Day – Belvedere Square Office Closed
- February TBD Black History Month Event
- February TBD Shopping Trip
- \*\*ALL DATES SUBJECT TO CHANGE**

**Sudoku**

		1	3	7			8	5
		3	8		1		7	
2			5				3	1
	4			8				9
			6		9			
7				5			6	
6	7				5			2
	5		9		8	1		
9	1			3	7	8		

Fill in the grid so that every row, every column, and every 3 x 3 box Contains the digits 1 through 9.



**THE WOMEN'S GROUP**  
Christine Adams

On September 30<sup>th</sup> Women's Group was scheduled to go skating, but unfortunately due to some unforeseen issues at the skating rink we were unable to do so. Instead, we enjoyed a fun filled evening of bowling at the Woodlawn Lanes Bowling Center. It was really nice to see some new faces, and as always the old ones. I would like to thank all those who came out and participated!!!

On December 17<sup>th</sup> we welcomed Danielle Thron-Treiber, Financial Educator, from SECU Credit Union. She was EXCELLENT and did a very informative session on financial literacy. UNFORTUNATELY the only client that attended was Martika C. Due to the lack of client participation our subsequent activity was cancelled. But to show our appreciation for Martika's participation she will be rewarded with a special treat. Thanks again Martika!!! I would also like to thank all the staff that came out and participated. I received a lot of positive feedback on the presentation.

I look forward to seeing you ladies at our next meeting which will be held on January 21<sup>st</sup> at the Reisterstown Clubhouse. Please remember that in order to participate in the activities you must attend the meetings. Hope everyone had a great holiday and I wish you all the best in this upcoming New Year!!! \



**Word of the Month**  
**Live well, Laugh often and Love much**  
**Sharnett Kelly**

Each of us is given but one pass through life. No retakes. No repeats. Henry David Thoreau was one of American early classic writers. He penned On Walden Pond in 1854. He moved out of busy Boston to live on Walden Pond in a small cabin for two years. He explained, *"I went to the woods because I wished to live deliberately, to front only the essential facts of life, and see if I could not learn what it had to teach, and not, when I came to die, discover that I had not lived."*

So in the New Year make, yourself a covenant -

**LIVE WELL:** Be good to yourself, your family and others. Be better in your behaviour. Think mature. Take the long view, don't be not short sighted. Keep your head up. Dig deep for comprehension; don't just scratch at the surface. Participate fully, not lightly. Consider carefully Abraham Lincoln's thought that *"in the end, it's not the years in your life that count. It's the life in your years."* and Oscar Wilde's thought *"To live is the rarest thing in the world. Most people exist, that is all."* It is not at all necessary to do or have grand things to live well. All you need is freedom and accuracy of perception and appreciation. Celebrate how great life is. The world is a beautiful place. It's colourful, stimulating, interesting and with ample curiosities to keep busy for a lifetime, and each thing will lead you to another.

**LAUGH OFTEN:** Laughter cures the soul. It removes masks, humanizes, laughter heals many rifts, bridges many gaps and it builds memories. Laughter is universal among peoples. Laughter makes you live longer. Laughter makes friends and builds memories. Laughter vanquishes negativity and warms your soul.

**LOVE MUCH:** Love is the most generous gift given us. Love makes all else possible. Without love, the world would yield merely a life which was poor, nasty, brutish and short. To love greatly means to love unselfishly, for the sake of others as well as yourself, to love things beyond yourself and beyond your personal interests. Love gives back two fold. Love improves others and improves the giver. So in the New Year I challenge you to Live well, Laugh often and Love much!

**THE MESSAGE BOARD**  
**January February March 2010**




A Big Happy January Birthday to: Sade E, Isherra M, Felicia P, Tyisha S, Marquis W, Felicia P, Derrick, and Ms Christine.

A Big Happy February Birthday to: Renake C, Angela D, Kevin S, Bianca T, Chante M, Andrea M, Jenea S, Tania W, TyJuan, Ms.. Tonya C, Ms. Sandra, Ms. Yolanda, Mr. Fred and Mr. Barry.

A Big Happy March Birthdays to: Johanna A, Xia W, Kavonne W, Maddison, Demetrius, Mr. Stanley, Ms Echo, Mr. Jeff, Ms Danita, Ms. Lois, Ms Deborah Y, and Ms. Ronele.

**"BIG UPS TO"**



**BIG UPS TO SANTA** : New Pathways was lucky this year, because Santa took an hour out of his busiest time of the year to stop by and bring our children from Second Generations some wonderful holiday gifts! Santa must have thought that the children were very good this year!

Lauren Greenwald

**BIG UPS** to Ms. Christine and Ms. Shawn for being consistently up-to-date on all your paperwork, and for being such a fantastic case management team at Reisterstown Square!! I appreciate all you do!

Jennifer Pettis

**BIG UPS** I'm pleased to announce that Kavonne W has completed Orientation!

Allie Wolf

**BIG UPS** It is with great pleasure to announce that both Tiarra M and Andrea M have completed Orientation!

Allie Wolf

**BIG UPS AND CONGRATULATIONS** to Lashunda D, of 2<sup>nd</sup> Generations, as she has completed the entire Life Skills curriculum not only in record time, as she was accepted into New Pathways on **April 16<sup>th</sup> 2009**, but also completed Life Skills with no problems whatsoever. She started off strong and didn't allow the fact of having a baby and other problems to hinder her from her goals. In fact she picked up and continued as soon as she was able and ended strong. I'm extremely proud of her as her example has eased all excuses as to why Life Skills can't be completed. She is not only an excellent example for 2<sup>nd</sup> Generations, but New Pathways.

**Sharnett M. Kelly**

**BIG UPS** to Bianca who is transitioning to NICHAC!

Aaron Milton

**BIGUPS to** Mr. Mark & kudos for dancing and having a good time with the clients....also I would like to give Angel and The Staff kudos for coming together and making this a wonderful Christmas party

Lisa Pringle

**BIG UPS** to Lottie R for Interning at Belvedere Square on New Years Eve and arriving 15 minutes early. Snow and ice don't keep this woman from working.

Echo G. Hester

What is "BIG UPS TO" you ask? It is your opportunity to acknowledge something good about a staff member or client at New Pathways. Did someone do something nice for you? Did you enjoy an event or class at New Pathways? Do you have something nice to say about someone at New Pathways? This is your chance to share your thoughts and feelings. Please write down your Kudos and forward them to the NP News c/o Main Office (this can be done via your case manager or other staff member). Thank you.



A warm New Pathways welcome to our new staff:

Fred Holmes, LSC  
 Latonja White, LSC

**NP News Staff**

**Echo G. Hester – Mark Mittelman**  
**– Angel Lyles – Jennifer Pettis**

The New Pathways News is a quarterly publication for staff and clients. Any client or staff member may submit articles, stories, poetry, etc. for publication. Articles must be submitted by the third Friday of the month for the next edition. A special thank you to all clients and staff, who contribute and make the NP News possible

## NP Word Search

N M G G H H R N D Y S E S G G  
U A B N C E O L G M U L E R A  
B S I N I E A O I P O Y I A M  
O W U C H V L L R J D T D D E  
S R A C I O L O T M N S A U C  
C O N C N R F O S H E E L A O  
F U N H C E T S V H M F W T L  
L W C I S U M C A E E I U I L  
C E B S G X P O E N R L U N E  
T C I R B A F L C L T W T G G  
V O C A T I O N A L E A P E E  
N A C T I V I T Y C E O U F R  
S E L G G U R T S X E W R Q D  
S D N E F F O B W N N R Y A L  
G N I T T I S Y B A B M S T C

ACCUPLACER    ACTIVITY  
BABYSITTING    COLLEGE  
CRUNCH    ELECTRICIAN  
FABRIC    GAME  
GINOS    GRADUATING  
HEALTH    LADIES  
LIFESTYLE    LUNCHEON  
OFFENDS    PROFESSION  
REVOLVING    SANTA  
SHELTER    STRUGGLES  
SYRUP    TECHNOLOGY  
TREMENDOUS    VOCATIONAL  
WELCOME



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